

2011 OLD-TIMERS HIKING CLUB SCHEDULE--OCT-NOV-DEC	
PLEASE CHECK YOUR E-MAIL THE DAY BEFORE A HIKE IN CASE THAT HIKE CHANGES—LEADERS LET ME KNOW THE CHANGE AND I WILL SEND E-MAIL	
MON-OCT-1	This will be a work day on our section of AT. Form your carpools at the church and meet Mike at Clarence's. Leader Mike Hupko 423-929-2626.
WED.-OCT-3	A 10 mile strenuous in and out hike on the Appalachian Trail from Watauga Dam Rd to the Vandeventer Shelter. Form your carpools at the church and have breakfast and meet the leader at the trailhead by 9. Leader Ernie Hartford 423-543-1276
MON-OCT-8	6-7 mile round trip hike to the Hensley Settlement near Ewing, Va. (94 mi. drive) one way. We will go up the Chadwell Gap trail. Rated strenuous with a 1500 foot elevation gain. Because of the long drive there will be No breakfast stop but a leg stretcher at the intersection of Hwy 23 and Hwy. 58. Leader Wayne Jones 423-928-5398
WED.-OCT-10	A 10 mile moderate in and out hike on the AT from Camp Creek Bald to Jerry's Cabin Shelter. We will cross Firescald Knob where the views should be wonderful in the fall. We can return on the bad weather trail bypassing the Knob. Form your carpools at the church and meet the leader for breakfast at Ma and Pa's. Leader Howard Guinn 423-753-4072.
MON-OCT-15	Easy to moderate six miles on the Mountain to Sea Trail along mountain streams and waterfalls, Hunt Fish Falls, near Linville, NC. Travel distance is about 100 miles round trip. Leader, Jerry Jones. 423- 282-2199.
WED.-OCT-17	Strenuous 10 to 11 mile hike at Grayson Highlands State Park; mostly on the A.T. north to the Wise Shelter, then on to Scales and over Pine Mountain back to the cars. Please have your breakfast before coming to the church, long drive, so there will be NO breakfast stop. Remember extra food, water and a jacket. Leader Lana Scott 423-929-9094.
MON-OCT-22	This will be a strenuous but beautiful 5.3-mile hike on Holston Mountain trails. One group will start on the Flint Mill trailhead off Big Creek Road, climb 1.4 mi to Flint Rock and continue to the Holston Mountain Trail, north 1.4 mi on the Holston Mountain Trail to the Josiah Trail, and down 2.5 miles to its trailhead. Another group will do the reverse with key exchange. For me Flint Mill was a real challenge. For those who wish only to go up and back on Josiah or the Flint Mill Trail, that is an option. For those who want no climbing, the 1.5-mile Flatwood Horse Trail between the two is an option. For those climbing, trekking poles are required. Bring lunch and rain gear. For those meeting at 8am at the usual Johnson City starting point, consolidate cars and drive to meet the trip leader, Powell Foster(cell phone 423/366-2273) and other hikers at about 8:30 at the Bluff City Diner.
WED.-OCT-24	A strenuous 7 mile in/out hike to Hump Mountain from the approach FS road to the Overmountain Shelter and then hike the AT. We will have breakfast at Bob's in Roan Mountain. Leader Lamar Adcox, 423-234-0296
MON-OCT- 29	About a seven mile loop, difficult, at Bays Mountain Park, from the Nature Center along Bays Ridge Road to Ledbetter Gap, to Cross Ridges

	Trail, to Indian Pipes Trail to the fire tower and return on Fire Tower Trail to Lakeside Trail, Leader, Jerry Jones. 423- 282-2199..
WED.-OCT-31	A moderate to strenuous 6 to 7 mile hike on the Paint Mountain and Chimney Rocks Trails at Weavers Bend. Form your carpools at the church and meet the leader for breakfast at Ma and Pa's. Leader Howard Guinn 423-753-4072---cell 423-741-7755.
MON-NOV-5	A 5 mile moderate hike on the AT from Camp Creek Bald to Allen Gap. Breakfast at Ma and Pa's. Leader Mike Hupko 423-929-2626
WED.-NOV-7	An 8.8 mile moderate to strenuous hike on the AT from Indian Grave Gap to Curley Maple Gap Shelter and on to the river. Form your carpools at the church, have a QUICK breakfast at McDonalds and meet the leader at the parking area in front of McDonalds at 8:45. Leader Howard Guinn 423-753-4072 cell 423-741-7755.
MON-NOV-12	An easy 4.5 miles hike on the Virginia Creeper Trail from Straight Branch parking lot back to the ice cream shop on the eastern edge of Damascus. We will leave a driver's car at the ice cream shop. Wear layered clothing suitable for the season. Bring rain gear, plenty of water and a light lunch. Bob Miller, leader, 423/245-1465. (Surely you can keep up with a 94 year old leader.) If some wish to start at Taylor's Valley, that will add about 3 miles to the hike.
WED.-NOV-14	An 8.8 mile strenuous hike on the AT from Tanyard Gap to Allen Gap. Breakfast at Ma and Pa's. It will either be a shuttle or key swap. Leader Wayne Jones 423-928-5398
MON-NOV-19	An easy 7 mile hike on the Laurel River Trail to the French Broad River and return. Breakfast at Ma and Pa's. Leader Daryl Loyd 423-753-2895
WED.-NOV21	An 8.4 mile moderate in/out hike on Buck Mt. (H. Harrison Rd) to Moreland Gap shelter on the AT. Breakfast will be at Bob's Dairyland, Roan Mt. Leader: John Parks 423 773-9643
MON-NOV-26	An easy 5 mile hike on the Sinking Waters and Woodland Ridge Trails at Warriors Path Park. Leader David Douthat 423-639-8567
WED.-NOV-28	Moderate, eight mile hike with only about a 1000-ft. elevation gain, from the Nature Conservancy's Birch Branch Sanctuary to Sandy Gap, via the Iron Mountain Trail (IMT). Dave McMillin (913-2345) will be looking for more info from the Nature Conservancy, but it appears that we may need to bushwhack from the end of Birch Branch Rd. to the IMT. With the leaves off the trees, that should be easy; and Google has good maps of the terrain that should help... Breakfast will be at Burger Hut in Stony Creek -- driving distance about 45 miles, one way.
MON-DEC-3	A strenuous 7-mile lolly-pop loop hike in the Greystone area, starting on Davis Creek Trail and hiking on unnamed trails to Greystone Mountain and return. Form your car pool and meet the leader for breakfast at the first McDonald's on left as you approach Greeneville. Leader, Lamar Adcox, 234-0296 or cell 423-823-1768.
WED.-DEC-5	A strenuous 5-mile loop hike on the Laughing Creek Mountain Range (aka Bays Mountain Range) starting at the Adcox's driveway. Form your

	carpool, have breakfast and drive to Laughing Creek Farm (aka Adcox Farm.) I will need someone to lead group to our home. A hot lunch will be served after the hike. Leader, Lamar and Joanie Adcox, 234-0296 or cell 423-234-0296.
MON-DEC-10	Wilson Creek – We will hike to a 200 Ft. Waterfall and back, Total distance is 5 miles with one creek crossing. Breakfast at Bob’s Dairyland. Leader- Rick Culbertson. 423-246-7298.
WED.-DEC-12	A moderate to Strenuous 7 mile hike on Meadow Creek Mountain Trail #6 from Cedar Creek Cove Road to Chuckey Peak, to Yellow Springs Resort then on to Olivet Haven Road on a forest service road. [there are several down trees ,bushes, and lots of weeds on this hike—in other words bushwhacking—frost should take the weeds down] Form your carpools at the church and meet the leader at Ma and Pas for breakfast. Leader David Douthat 423-639-8567.
MON-DEC-17	An 8 mile moderate hike on the AT from Shook Branch to Pond Flats and back. Leader Ernie Hartford 423-543-1276.
WED-DEC-19	Our annual 8 to 10 mile loop hike at Hickey Fork. About half the hike is climbing so is strenuous. Form your carpools at the church and have a QUICK breakfast at McDonalds and meet the leader at 8:45 in the parking area in front of McDonalds. Leader Howard Guinn 423-753-4072.
MON-DEC-24	An easy 5 mile hike from the bridge at Chestoe south along the Nolichucky. Form your carpools at the church and meet the leader for breakfast at the Elms in Erwin. Leader Lou Haase 423-202-6185.
WED-DEC-26	A moderate 9 mile hike to the Pinnacle fire tower in Unicoi. Breakfast at Clarence’s. Leader Darrel Loyd 423-753-2895.
MON-DEC-31	A 6 mile moderate in and out hike to Cherry Gap Shelter. Form your carpools at the church and meet the leader for breakfast at Clarence’s. Leader Howard Guinn 423-753-4072.
<p>We leave Covenant Presbyterian Church,603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am.We make a breakfast stop at a small restaurant or fast food IF it is the only choice. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not.</p> <p>Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety. Some of the members routinely change the distances on the longer hikes to limit them to between six and eight miles. Call Jerry Jones, 423- 282-2199, regarding any hike modification.</p> <p>President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net</p> <p>Treasurer and person to give your membership dues-Gil Derouen 423- 283-7767 –2702 Avondale Drive—Johnson City,Tenn 37604 -- gilderrouen@comcast.net</p> <p>Website---http://oldtimershikingclub.org</p> <p>Trail Work Coordinator—Mike Hupko-423-929-2626 mcmbhupko@comcast.net</p> <p>Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com [SEND ME YOUR HIKES written up exactly as you wish them to appear in the schedule]</p> <p>Membership List—Dave McMillin-423-913-2345 djmcmillin@comcast.net [any time you have a change of address; phone no. or e-mail address please let Dave know]</p>	