

	<p>OLD-TIMERS HIKING CLUB SCHEDULE- SPRING 2012- APRIL-MAY- JUNE ---TIS THE WILD FLOWER SEASON</p>	
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Monday-April-1	A five mile moderate hike on the Iron Mountain Trail from Cross Mountain to Low Gap. Leader Ernie Hartford 423-543-1276
Wed-April-3	Wednesday, March 27 - Work Day. Iron Mountain Gap to Indian Grave Gap. Spring walk through to clear trail of winter debris. Assemble car pool at the church and meet Mike at Clarence's in Unicoi for breakfast. Leader, Mike Hupko, 929-2626.
Monday-April-8	A 6 mile moderate hike from Carvers Gap to Grassy Ridge. Breakfast at Bobs Dairyland. Leader, Lamar Adcox, <u>234-0296</u> or cell (423)823-1768
Wed-April-10	Sam's Gap to Devil's Fork Gap on the A/T. 8.5 miles key swap. Rated Moderate to Strenuous. Breakfast at Clarence's. Leader Wayne Jones 423-737-4852 (cell)
Monday-April-15	Porters Creek Trail in the Smokies, a veritable treasure store of wild flowers. On last year's hike we identified 37 different species. The in and out round trip is about 7 miles. Daryl Loyd -- 423-202-5238 --will lead the longer hike and also will lead from the church to the trailhead to meet the leader Bob Miller, 423/245-1465.
Wed-April-17	An 8 to 10 mile moderate to strenuous hike from Bays Mt.Park to Laurel Run Park. There are two creeks to cross near Laurel Run Park that may require wading. Bring two poles and wading shoes if you are not good at rock hopping. Howard will lead from Laurel Run Park and will meet the group at Hardees in Kingsport. Those not eating breakfast will leave Hardees as soon as cars can be swapped at Hardees. Daryl will lead from the church to breakfast and then lead the other half of the keyswap. If you think you might drive that day; if possible try to have two keys---there are so many ways to hike thru Bays Mountain Park that the two groups might never meet. Leader Daryl Loyd 753-2895.
THURSDAY-APRIL18	Our annual dinner at the Covenant Presbyterian Church at 6 PM. The meat, bread, and drinks will be provided, hikers bring vegetables, salads

	<p>and desserts. Gil will be there and so it will be a good time for us to pay our dues for 2013. Please take time to provide him with your current information and any member who does not have e-mail should let him know if they need their schedule by mail and give him an address. Everyone please come, there will be good food and good company. We always enjoy seeing those who hiked with us but for health or other reasons no longer hike. Please let Carol know by April 10th if you will attend == darylloyd@embarqmail.com or 423-753-2895.</p>
Monday-April-22	A moderate 5 mile hike at Rock Creek Park to Rock Creek Falls. There are several creek crossings. Form your carpools at the church, eat breakfast and meet the leader at McDonalds parking at 8:45 or at Rock Creek Park at 9am. Leader Howard Guinn 423-753-4072 cell 741-7755.
Wed-April-24	A 6.5 mile hike on the AT from Shady Valley at Tenn.91 to US 421. This will be a keyswap-those eating breakfast can do that at Burger Hut and start their hike at Tn91; those not eating will go to US 421 and start hiking. Leader Howard Guinn 423-753-4072—cell 423-741-7755
Monday-April-29	A 5.5 mile moderate hike from the French Broad River Bridge to Tanyard Gap. Form your carpools at the church and meet the leader at Ma and Pa's for breakfast. Leader Tim Manning 423-257-2180.
Wed-May-1	A 7 mile moderate to strenuous in and out hike on the AT from the Fox Creek trail head to the junction of the Pine Mountain Trail—we can eat our lunch at the big rocks with some nice views if the weather is good. No breakfast stop. Leader Howard Guinn 423-753-4072.
Monday-May-6	A 7.5 mile strenuous short shuttle hike on the Stamping Ground and Limestone Cove Trails at Limestone Cove. Breakfast at Clarence's in Unicoi. Leader, Lamar Adcox, <u>234-0296</u> or cell (423)823-1768
Wed-May-8	Moderate 7 mile loop hike on Holston Mountain. We'll hike up to the Holston Mountain fire tower, and then follow Holston Mountain Trail and Flint Mill Trail to Flint Rock for lunch. Flint Rock has great views of South Holston Lake, Holston Valley and VA's Clinch Mountain in the distance. We'll hike back down to the cars via an old, unused forest road. No breakfast stop. Leader Howard Guinn 423-753-4072
Monday-May-13	An easy 10.4 mile in and out hike on the Big Creek Trail at the Big Creek Campground in the Smokies. This is an old railroad bed that follows the creek. No breakfast stop---Leader Marcia Pruner 423-276-889-5714—cell 276-614-5504.
Wed-May-15	An 11.4 mile strenuous hike south on the AT from Spivy Gap to Bald Mountain Shelter and back. No breakfast stop—This will be a long hard hike-Leader Lamar Adcox 423- <u>234-0296</u> or cell (423)823-1768
Monday-May-20	DuPont State Forest—3 to 5 miles?? of hiking to the first three waterfalls—if some hike on to the very nice Bridal Veil Falls—I think the short way to that waterfall would only add 2 or 3 miles. This is about a two hour drive each way—with a breakfast stop in Asheville at Hardees—Leader Daryl Loyd 423-753-2895—423-202-5238
Wed-May-22	Our annual moderate with one strenuous climb, 10-mile loop hike at Clarks Creek. We will take the Sills Branch Trail to the waterfall,

	then on to FS 5066 and then down the Long Arm Branch Horse Trail. There are creeks to cross that we should be able to rock hop. No breakfast stop. Form your carpools at the church and meet the leader at Clarks Creek at 8:30. Leader: Howard Guinn 423-753-4072
Monday-May-27	A 5 mile moderate in and out hike from Watauga Dam Road to the Watauga Lake Shelter. Leader Howard Guinn 423-753-4072
Wed-May-29	A/T Nolichucky River to Indian Grave Gap. Key swap. 8.8 miles Elev. Gain 2598' Rated Moderate. Approx. 5 hours. Breakfast at Clarence's. Leader Wayne Jones 737-4852 (cell)
Monday-June-3	A 6 mile strenuous hike at Horse Creek Park on the Turkey Pen and Middle Springs Trails. We will cross several creeks which we should be able to rock hop. Form your carpool, have breakfast and meet your leader at Horse Creek Park. Lamar Adcox, 234-0296 or cell 823-1768.
Wed-June-5	A strenuous 8.6 mile hike on the AT from Elk Gardens at Va.600 to Thomas Knob Shelter and back. No breakfast stop. Leader Howard Guinn 423-753-4072.
Monday-June-10	Virginia Channels State Forest. A moderate 5 mile in/out hike. We will drive 70 miles each way and begin our hike on VA 80 at the Russell/Washington County line. No breakfast stop. Leader, Lamar Adcox, 234-0296 or cell (423)823-1768.
Wed-June-12	An 8 mile??--could be a little more or less; moderate hike starting at Allen Gap and going south on the AT to the Little Paint Creek Trail; then using a forest service road we will hike to Paint Creek Camp ground; one creek crossing which we should be able to rock hop? Form your carpools at the church and meet the leader at Ma and Pa's for breakfast. Leader Tim Manning 423-257-2180
Monday-June-17	A 5.4 mile moderate to strenuous hike from Carvers Gap to the end of the Roan High Bluff trail and back. Breakfast at Bobs Dairyland. Leader Howard Guinn 423-753-4072
Wed-June-19	Work day on our section of AT. This will mostly be weed cutting. Form carpools at the church and meet Mike at Clarence's for breakfast where there will be a sign-up sheet. Leader Mike Hupko 423-929-2626
Monday-June-24	Work day on our section of AT. Finish what we started last week. Form your carpools at the church and meet Mike at Clarence's for breakfast. Leader Mike Hupko 423-929-2626.
Wed-June-26	An 11.4 mile strenuous in and out hike on Meadow Creek Mountain Trail from the trailhead on Long Creek Road to the Meadow Creek Observation Tower. Form your carpools at the church and meet the leader at Ma and Pa's parking area at 9; no breakfast stop—long hike. Leader David Douthat 423-639-8567 cell 423-620-3437
We leave Covenant Presbyterian Church each Monday and Wednesday at 8am to enjoy a hike thru the beautiful mountains that surround this area. Come join us; bring lunch, PLENTY of water, gas money ; each person should carry a small first aid kit, you should also carry a little extra food just in case, and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.	

