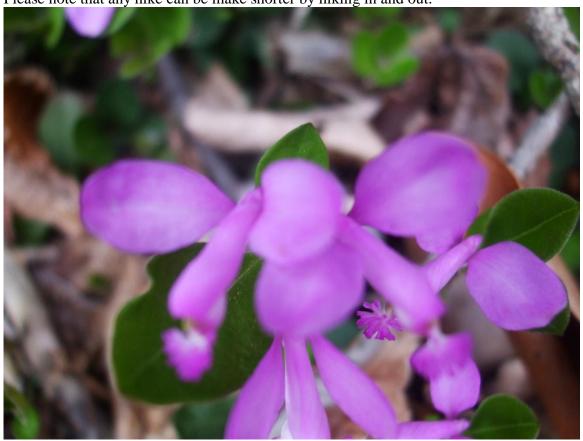
2014 OLD TIMERS HIKING CLUB SCHEDULE—April-May-June
Founded in 1991 by CB Willis and Don Frederick and named by Jim Widener
PLEASE CHECK YOUR E-MAIL THE DAY BEFORE A HIKE IN CASE THAT HIKE

PLEASE CHECK YOUR E-MAIL THE DAY BEFORE A HIKE IN CASE THAT HIKE CHANGES—LEADERS LET ME KNOW THE CHANGE AND I WILL SEND E-MAIL

Please note that any hike can be make shorter by hiking in and out.



Time for our mountain wildflowers to bloom

Wed, April ,2	An 8 mile moderate hike on Holston Mountain from Griffith Branch to Hinkle Branch—short shuttle. April 1 & April 2, certain restaurants in Johnson City and Elizabethton have agreed to donate 10% of their proceeds for the day to the Tweetsie Trail. Chick-fil-A in Elizabethton is one of those who are donating. Judy has suggested we have our breakfast there today, so we will. Leader Howard Guinn 423-753-4072
MonApril,7 I LOVE TO TELL PEOPLE WE HAVE AN OVER 90 HIKE LEADER IN OUR OLD-TIMERS CLUB Send note out 95	A senior 2.5 mile hike around the lake at Bays Mountain Park. If you elect to take a longer hike in the Park, be sure you have a ride home. I will plan to meet the hikers for breakfast about 8:30AM at Hardees on Dennis By-pass just off of I-26 rather than drive to Johnson City and back. Bring water, warm layered clothes, rain gear and lunch if you plan to hike further. Bob Miller, 423/245-1464 or cell 423/276-3432.Daryl Loyd -423-202-5238- will lead from the church to meet Bob.
Wed, April, 9	Moderate 6 mile hike from the Houston Mt. Campground to the Meadow

	Creek observation tower and back. Form your carpools at the church and
	meet the leader for breakfast at the crossroads of Highways 350 and 351 [old 107 cutoff] at the Marathon Gas Station [Quick Stop Market]- for your breakfast stop, where there will be a sign-up sheet. Leader Howard Guinn 423-753-4072—cell 423-741-7755.
Mon, April 14	Moderate to easy hike, 2.6 miles, or 6.4 miles at Ijams Nature Center in Knoxville. Enjoy the wildflowers on a 1.0 mile loop along the river and back, then a 1.6 mile interesting loop around the old Mead Quarry Lake. Followed by 3.8 miles total out and back on the fairly level Greenway to Forks of the River (Wildlife Management Area). Because of the drive and the fact we are meeting Glenn let's do a Hardees's for breakfast. Then meet the leader at Ijams Visitors Center (w/ rest rooms), leader Glenn Marshall, cell 865/856-1074; Glenn and Joanne were very active in our club when they lived here and are still active in hiking where they live now and it will be great to see long time friends of the club. Afterwards you might wish to see the nature displays and photos at Ijams www.ljams.org John Parks has agreed to lead from the church. 423-773-9643
Wed, April,16	A 7.5 mile moderate keyswap hike from Bays Mountain Park to Laurel Run Park. Instead of crossings the dam we will take a right and go to the end of the Lake and make a left onto Lake Road, follow for one mile to the Fire Tower Trail and take it to the fire tower. We then take the Indian Pipes Trail to the Kiner Hollow Trail which takes us to Laurel Run Park. We will have two creek crossings that depending on your rock hopping ability may have to be waded, PLEASE be prepared for that. Leaders—Judy Middlemas 423-282-6987 will be leading from Bays Mountain Park and Howard Guinn 423-753-4072 will lead from Laurel Run Park. Keys and cars will be swapped at the breakfast stop which will be at Hardees in Kingsport on Dennis Bypass just off I-26.
Mon, April,21	A 4 mile moderate hike on the AT from Indian Grave Gap to Beauty Spot and back. Breakfast at Clarence's. Leader Lana Scott 423-929-9094
Wed, April,23	AT Nolichucky River to Indian Grave Gap. Key swaps 8.3 miles Elevation gain 2598'. Rated moderate. Breakfast at Clarence's. Leader Wayne Jones 423-737-4852
Mon, April,28	Tusculum Greenbelt, 6 miles, Green Valley to elementary school, easy, breakfast at Hardees'scanceled last 2 times-Daryl Loyd 423-202-5238
Tuesday, April,29	Our annual dinner at the Covenant Presbyterian Church at 6 PM. The meat, bread, and drinks will be provided, hikers bring vegetables, salads and desserts. Gil will be there and so it will be a good time for us to pay our dues for 2014. Please take time to provide him with your current information and any member who does not have e-mail should let him know if they need their schedule by mail and give him an address. Everyone please come, there will be good food and good company. We always enjoy seeing those who hiked with us but for health or other reasons no longer hike. CB has arranged for Steve Darden, attorney, and

	previous mayor of JC as our speaker after the dinner. He will give a
	presentation about the Tweetsie Trail which will be of interest among
	hikers. Also he can answer any questions any of us have about the trail.
	This is not an overt money request, more to let hikers know what is going
	on in the city. For those members who do not know the club members,
	Daryl and CB have donated two benches to the trail. Please let Carol Loyd
	know by April 15th if you will attend the dinner so she and Nancy can
	plan for the meal. Phone 423-753-2895 or darylloyd@embarqmail.com
Wed, April,29	A 6 mile moderate hike from Max Patch Road to Lemon Gap on the AT.
	We will drop a driver's car at Lemon Gap and start our hike about .4
	miles from the Max Patch Summit. We hope to catch the trilliums at their
	peak bloom but you never know, wildflowers have no calendar. Because
	of the long drive their will be no breakfast stop, we will make a rest stop
	about an hour into the drive. Leader Howard Guinn 423-753-4072.
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Mon, May,5	A 7 mile hike on the Laurel River Trail to the French Broad River and
W. 136 5	return. Breakfast at Clarence's. Leader John Parks 423-773-9643
Wed, May,7	A 6.5 mile hike on the AT from Shady Valley at Tenn.91 to US 421.
	Breakfast at burger hut. Form your carpools at the church and meet the
	leader at breakfast where there will be a sign-up sheet. Leader Ernie
	Hartford 423-543-1276
Mon, May,12	Alvarado to Damascus, Creeper Trail, 7 miles, easy, maybe key swap;
	where to eat breakfast decided at church. Leader Daryl Loyd 423-202-5238
Wed ,May,14	Strenuous 10.2 mile in and out hike on the AT from Devils Fork Gap to
wea , way, i	the Shelton Grave Sites. Form your carpools at the church; eat breakfast at
	Clarence's and meet the leader at McDonalds in Erwin between 8:45 and
	9:00am, where there will be a sign-up sheet. Leader Howard Guinn 423-
	753-4072—[-History of Shelton GravesitesOn the high open ridge crest
	[4,500 feet] of Coldspring Mountain is a single grave with tombstones at
	each end for William and David Shelton. This simple grave portrays the
	tragedy of divided families during the Civil war in this remote area of the
	southern Appalachians, where Union men were usually the mountaineer
	owners of small farms and the Confederates were the townspeople and
	owners of farms in the lowlands. David Shelton and his young nephew,
	William, left their mountain farms and families in the remote Shelton
	Laurel section of NC and enlisted with other men from their state who
	were backing the Union cause. When the two returned for a rendezvous
	with their families in a crude mountain cabin on Coldspring Mountain,
	they and a boy lookout were ambushed and killed by Confederates. All
	three were buried by their families at the site in a single grave. Two
	preachers acquired the markers from the federal government and around
	1915 hauled them up the mountain on an ox sled. As the stones were
	furnished from federal funds, and he was not an enlisted soldier, the boy
	lookout was not mentioned; update to this says that just recently a
	headstone has been put up for the young lookout.]
Mon, May,19	Greenbelt, Kingsport Exchange Place to hospital 5 or 6 miles or however
, ,	far you want to go. Breakfast at Hardees's in Kingsport. Leader Daryl
	1 Jest the Best = 1 Supplied to 1 Best Day 1

	Loyd 423-202-5238
Wed, May,21	A 7.5 strenuous short shuttle hike on the Stamping Ground and
	Limestone Cove Trails at Limestone Cove. Breakfast at Clarence's. Lamar
	Adcox 234-0296 or cell (423) 823-1768.
Mon.May,26	A 5 mile moderate loop at Buffalo Mountain Park. Starting at the picnic
	area we will turn right at the trail sign and using the lady slipper and other
	trails make a loop back to the picnic area. Breakfast at Hardees. Leader
	Howard Guinn 423-753-4072 cell 423-741-7755
Wed, May,28	A 6.9 mile moderate hike from Elk Gardens to Buzzard Rock to US-58,
	Summit Cut. The elevation at Elk Garden is 4430 feet, the high point is
	5350 feet and Summit Cut is 3160 feet .We will drop a shuttle car at
	Summit Cut and all hike together from Elk Gardens. A quick breakfast
	stop at Cowboys in Damascus. Leader Howard Guinn 423-753-4072.
Mon, June,2	A moderate 5 mile in and out hike to the Channels. Trailhead is on VA 80
	on the Russell/Washington County VA line. Sixty mile drive each way, no
	breakfast stop. Lamar Adcox, 234-0296 or cell (423) 823-1768.
Wed, June,4	A strenuous 7 mile in/out hike to Hump Mountain from Roaring Creek
	Road on the AT north. Breakfast at Bob's Dairyland in Roan Mountain.
	Lamar Adcox, 234-0296 or cell (423) 823-1768.
Mon, June,9	A 5 mile Loop hike in the Wilson Creek Wilderness. Be prepared for a
	creek crossing that you may have to wade. Breakfast at Bob's Dairy Land
	in Roan Mt. Leader Rick Culbertson, 423-246-7398.
Wed, June,11	A moderate 9 mile hike south on the AT beginning on TN 91 at Cross
1, 60, 60, 60, 61	Mountain to Iron Mountain Shelter and return. Breakfast at the Burger
	Hut. Lamar Adcox, 234-0296 or cell (423) 823-1768
Mon, June, 16	A 6 mile moderate hike to Persimmon Ridge, with a side trip to the
	Jonesborough Arboretum. We will start our hike at the Visitors Center in
	Jonesborough and go to the Arboretum first where our leader will show us
	around and then we will continue on to Persimmon Ridge Park and hike
	the three miles of trails there before we return to our cars. Form your
	carpools at the church and come to Hardees for breakfast and then meet
	the leader at the Visitors Center Parking on the left of the building, not the
	post office side, at 8:45 or when you finish breakfast!! Leader Francis
	Lamberts 423-753-5288.
Wed, June, 18	A 7.6 mile moderate to strenuous in and out hike to the Blue Ridge
	Pinnacle which is the highest point on the Blue Ridge Parkway and
	directly across the Blue Ridge Parkway from Mt. Mitchell. This hike
	ascends considerably but generally along gentle switchbacks. There is
	nothing particularly difficult except the last quarter mile which ascends to
	the peak of the mountain. We will have lunch at the Pinnacle. We should
	get excellent views of the Great Craggies, the Blacks Range with its lofty
	Mt. Mitchell and the Blue Ridge Mountains. There is a 66 mile drive to
	the trailhead. We may add a mile by going to a waterfall, after the hike. I
	believe this is a new hike for our club. Breakfast at Clarence's and a rest
	stop in Burnsville. Leaders Judy and Eric Middlemas 423-282-6987

Mon, June,23	A 5.4 mile moderate to strenuous in and out hike from Carvers Gap to the
	end of the Roan High Bluff Trail. The rhododendron should be blooming.
	Breakfast at Bobs Dairyland. Leader Howard Guinn 423-753-4072
Wed, June,25	Work day on our section of AT. This will mostly be weed cutting. Form
	carpools at the church and meet Mike at Clarence's for breakfast where
	there will be a sign-up sheet. Leaders Mike Hupko 423-929-2626 and Eric
	Middlemas 423-282-6987
Mon.,June,30	Work day on our section of AT. Finish what we started last week.
	Form your carpools at the church and meet Mike at Clarence's for
	breakfast. Leaders Mike Hupko 423-929-2626 and Eric Middlemas
	423-282-6987

We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. We are an alcohol free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.

President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net Treasurer and person to give your membership dues[per year/per family \$10.00]-Gil Derouen 423-283-7767 –or 2702 Avondale Drive—Johnson City, Tenn. 37604 -- gilderrouen@comcast.net Website---http://oldtimershikingclub.org

Trail Work Coordinator—Mike Hupko-423-929-2626 mcmbhupko@comcast.net
Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com [SEND ME YOUR HIKES written
up exactly as you wish them to appear in the schedule]