

2015 OLD-TIMERS HIKING CLUB SCHEDULE--OCT-NOV-DEC

Founded in 1991 by CB Willis and Don Frederick and named by Jim Widener

PLEASE CHECK YOUR E-MAIL THE DAY BEFORE A HIKE IN CASE THAT HIKE CHANGES—LEADERS LET ME KNOW THE CHANGE AND I WILL SEND E-Mail.

<p>Mon, Oct,5 Want to see the view from Big Bald without much mileage— Brenda has been kind enough to do that for us; Thank-you Brenda</p>	<p>After a breakfast stop at Clarence's meet Brenda Whitt at Wolf Laurel gate to park at water tower area. Hike up to Big Bald and back to cars for a total of 4-5 miles. Anyone wanting a longer hike could ride in one car and park and start at the Nature Trail for a total of 7+ miles. (Parking is more limited at water tower area so if there are more than 3 cars, we may need to do Blue Trail--which is probably overgrown.) Decide at church if you want to do the longer hike and car pool with likeminded hikers. If weather is bad we will do another hike because the reason to cross the bald is the view. Form your carpools at the church and come to Clarence's where Howard will lead to Wolf Laurel and most likely lead the longer hike if needed. Phone 423-753-4072 cell 423-741-7755</p>
<p>Wed,Oct, 7</p>	<p>A 5 mile strenuous shuttle hike starting at Low Gap near Camp Creek Bald on a forest service road to the Spruce Thicket Trail to the Phillips Hollow Trail and ending in the Margarett Falls Parking Lot. There will be creek crossings so come prepared for those—we hope in October the creeks will stay low, but no promise. Form your car pools at the church and meet the leader at Ma and Pa's for breakfast. Leader: David Douthat 423-639-8567 cell 423-620-3437</p>
<p>Mon, Oct, 12</p>	<p><u>Lower Higgins Creek to Hidden Lake</u> ---A strenuous, in-and-out hike to Hidden Lake (also known as Camp Birchfield Lake) along the Lower Higgins Creek Trail at Rocky Fork, Tennessee's newest state park. The total distance is about 4.5 miles. We will cross Higgins Creek about 10 times—hopefully on rocks—be prepared either way. Gather at the church for carpooling and a hardy breakfast at Clarence's. Leader: Eric Middlemas (423) 282-6987.</p>
<p>Wed, Oct,14</p>	<p>A 6 mile moderate hike from Carvers Gap to Grassy Ridge and beyond for lunch with a view and return the way we came. Breakfast at Bobs Dairyland. Leader Howard Guinn : 423-753-4072 cell 423-741-7755</p>
<p>Thursday,Oct,15</p>	<p>Old Timers Dinner Meeting at Maple Grove Restaurant[423-753-3003], Unicoi, on October 15, at 6:00 pm and then a program by David Ramsey on Rocky Fork, our new Tennessee State Park ---[Getting there is the same route that you drive to Clarence's, exit 32, - but after coming off the interstate you will see Maple Grove Restaurant on your right.] Each attendee will pay for his/her own meal with tip thus eliminating any work for members. The speaker will be David Ramsey, outdoor photographer, writer and conservationist, born and raised in Unicoi County. You know David! In 2011 David was named the National Hero of Conservation by Field and Stream Magazine for his leadership in saving the 10,000- acre Rocky Fork Watershed. David has been working on a special program for us to include current plans for the Rocky Fork area. [Members try to attend to support our club and if this works out we may try having not only our spring dinner meeting but also a second dinner each year where all members' weather they hike any more or not can get together and</p>

	visit. Feel free to ask friends or anyone who might be interested in hiking or in hearing about Rocky Fork.]
Mon, Oct ,19	An in and out 6.8 mile moderate hike on the AT from Devils Creek Gap to No Business Knob Shelter. Form your car pools at the church and come to McDonalds for breakfast and meet the leader across the street in front of Pals where there will be a sign-up sheet. Leader Howard Guinn 423-753-4072
Wed, Oct ,21	A 7 to 8 mile moderate in and out hike from the Roaring Fork Trailhead to the Yellow Mountain Overlook. No breakfast stop—those wishing to eat breakfast at Bobs’ Dairyland meet and leave the church at 7:30,—let the leader know you are there. Leader Howard Guinn: 423-753-4072 cell 423-741-7755
Mon, Oct, 26	A 5 mile strenuous shuttle hike in the Roan Mountain State Park. Starting at the Miller Homestead on the Chestnut Ridge Trail, to the Forest Ridge Trail, to the Campground Parking Lot. There should be fall color. Breakfast at Bob’s Dairyland. Leader: David Douthat 423-639-8567 cell 423-620-3437.
Wed, Oct 28	Moderate to Strenuous 7.5 miler to the Overmountain Shelter or 10.5 miler to Little Hump Mt. Both start from Hampton Creek Rd., climbing the historic Overmountain Victory Trail to Yellow Mt. Gap. From there, the 10.5 mile group will continue on the AT to the scenic bald of Little Hump Mt. (5459’). The 7.5 miler has a climb of 2100’; the 10.5 miler has 2700’. No breakfast stop. Leader Wayne Jones 423-737-4852.
Mon, Nov, 2	This will be a hike of 3 miles on the Kingsport Green Belt. This hike will start at the boat launch parking lot on Netherland Inn Rd. about 1/3 mile west of the Netherland Inn. It will be a loop hike and all on flat terrain. If I can do it, you can. Wear layered clothes appropriate for the weather, and rain gear would be advisable. Bring water and a snack if you wish. The hike should be completed well before noon so no lunch is needed. Breakfast will be at Hardees on Dennis By-pass just off of I-26 at about 8:30. Leader: Bob Miller, 423-245-1465 or rwm1029@hotmail.com. Co-leader from the church to meet Bob at Hardees’s will be John Parks 423 773-9643
Wed, Nov,4	Nolichucky River to Curly Maple Shelter (In-out, moderate, and approximately 8 miles) We will pick up the AT at the Nolichucky River and hike to Curly Maple Shelter, where we can eat lunch or snacks, then return to the Nolichucky. This hike frequently parallels a creek and has some truly beautiful scenery. Breakfast at Clarence’s. Hike leader: Jeannine Edwards: phone 423-202-7207; cell 901-351-1779; e-mail: jeannine21@bellsouth.net. [Some of us will know this was a favorite “Lou hike” to a trail he was clearing, so let’s remember Lou today as we hike and a good day for Lou jokes if you remember one and for those members who do short mileage you might consider exiting the AT and walking Lou’s trail in and out.--Faye]
Mon, Nov, 9	<u>Dick Creek Falls Duo</u> -A moderate, in-and-out, 6.5 mile hike for the adventuresome to the Lower and Upper Dick Creek Falls from Rock Creek Park. The hike will follow the Rattlesnake Ridge Trail to Dick Creek Gap and then proceed up an old logging road to the Lower Dick Creek Falls. The Upper Dick Creek Falls is located about 3/4 mile beyond the lower falls and will require walking through open woods and, eventually, on a faint, unmarked trail (laid out and tagged beforehand by the hike leader). There will be several

	creek crossing. Gather at the church for carpooling and breakfast at Clarence's. Leader: Eric Middlemas (423) 282-6987.
Wed Nov, 11	A new way to Hump Mountain. We will begin our 6 or 7 mile moderate to strenuous hike this side of Minneapolis NC and enter the open area from the south and then go to the Hump. Breakfast at Bob's Dairyland. Lamar Adcox 234-0296 or cell (423)823-1768
Mon, Nov 16	Indian Grave Gap to Beauty Spot (AT) In-out, moderate, 4.6 miles. Beginning at Indian Grave Gap, we hike north to Beauty Spot, where there is an almost 360 view of the surrounding mountains. Those who wish to extend their hike to 8 miles may continue on the AT on Unaka Mountain. Form carpools accordingly. Breakfast at Clarence's. Hike leader: Jeannine Edwards: phone 423-202-7207; cell 901-351-1779; e-mail: jeannine21@bellsouth.net
Wed, Nov, 18	An 8 mile loop hike at Hickey Fork on the Hickey Branch and White Oak Flats Trails. About half the hike is climbing so is strenuous. Form your carpools at the church and have a quick breakfast at McDonalds and meet the leader in the parking area in front of Pal's, where there will be a sign-up sheet. Leader Howard Guinn 423-753-4072 cell 423-753-4072
Mon, Nov, 23	6 mile moderate in and out hike from Hughes Gap to the Clyde Smith Shelter. Form your carpools at the church and meet the leader at Clarence's for breakfast, where there will be a sign-up sheet. Leader Howard Guinn: 423-753-4072, cell 423-741-7755
Wed, Nov ,25	Tweetsie Trail Hike Easy. The Tweetsie Trail follows the route of the old East Tennessee / Western North Carolina railroad from Johnson City through Elizabethton. It has been transformed into a rails-to-trails project. The last section opened September 5, 2015. We will begin our hike at the end of the new section, Hatcher Lane at Stateline Road (mile 10) and hike to mile 6 and back. (8 miles)As this is an in-out hike, you may wish to shorten or extend your hike, so form car pools appropriately. www.tweetsietrail.com Breakfast at the Covered Bridge Café in downtown Elizabethton. Hike leader: Jeannine Edwards: phone 423-202-7207; cell 901-351-1779; e-mail: jeannine21@bellsouth.net
Mon, Nov, 30	A 5 mile moderate loop at Hot Springs on the Pump Gap Trail. Form your carpool at the church and meet the leader at Ma & Pa's for breakfast. Lamar Adcox 234-0296 or cell (423)823-1768.
Wed, Dec, 2	<u>Sandy Gap to Shingletown on the Iron Mtn Trail</u> A strenuous, 8.7 mile hike on the Iron Mountain Trail from Sandy Gap on Hwy 421 to Shingletown off of Hwy 91 near Laurel Bloomery. Since the trail closely follows the ridgeline, there should be scenic views of Shady and Doe Valley below. We will plan to do a key swap to avoid shuttling automobiles. Form your carpools at the church and plan on delicious breakfast beforehand at Burger Hut. Leader: Eric Middlemas (423) 282-6987.
Mon, Dec, 7	A moderate 9.2 mile in and out hike south on the AT from Hwy. 91 at Cross Mt. to the Iron Mountain Shelter. No breakfast stop. Leader Wayne Jones phone 423-737-4852
Wed, Dec, 9	A strenuous 6 mile loop at Weaver's Bend on the Paint Mountain and Chimney

	Rock Trails off Houston Valley road south of Greeneville. Form your carpool and meet your leader at Ma & Pa's for breakfast. Lamar Adcox 234-0296 or cell (423)823-1768
Mon, Dec 14	A 5.5 mile moderate shuttle hike from Tanyard Gap to Silver mine Creek Road. Ma and Pa's for breakfast. Leader: John Parks 423 773-9643
Wed, Dec, 16	White Rocks Mountain Ramble--A moderate to strenuous 8 miles—little more?-little less?—starting at Dennis Cove we hike south on the AT for 3.5 miles then go off trail to lunch on the Lacy Trap Trail and then backtrack to an old road and do a half mile strenuous climb to where the White Rocks Fire Tower used to be: then bushwhack a short distance back to the AT. No breakfast stop. Leader Howard Guinn 423-753-4072 cell 423-741-7755
Mon, Dec ,21	A 6 mile moderate in and out hike from Iron Mountain Gap to Cherry Gap Shelter; breakfast at Clarence's. Leader: John Parks 423 773-9643.
Wed, Dec, 23	A 6 to 7 mile moderate hike at Warrior's Path SP, mostly on Devil's Backbone Trail. We will first hike down the side of river. Breakfast at McDonald's at Gray. Lamar Adcox 234-0296 or cell (423)823-1768.
Mon, Dec,28	6.5 mile loop hike at Steele Creek Park starting from Rooster Front Park. No breakfast stop. Leader Wayne Jones: phone 737-4852
Wed,Dec,30	A 7 to 8 mile hike at Bays Mountain Park to the fire tower and back. Breakfast at Hardees in Kingsport. Leader Lane Scott 423-929-9094.
<p>We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. We are an alcohol free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.</p> <p>President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net Treasurer and person to give your membership dues-Gil Derouen 423- 283-7767 –2702 Avondale Drive—Johnson City,Tenn 37604 -- gilderrouen@comcast.net Website---http://oldtimershikingclub.weebly.com Trail Work Coordinator—Mike Hupko-423-929-2626 –Eric Middlemas 423-282-6987 Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com [SEND ME YOUR HIKES written up exactly as you wish them to appear in the schedule]</p>	