

<p>2015 OLD TIMERS HIKING CLUB SCHEDULE—April-May-June Founded August of 1991 by CB Willis and Don Frederick and named by Jim Widener</p>	
<p>PLEASE CHECK YOUR E-MAIL THE DAY BEFORE A HIKE IN CASE THAT HIKE CHANGES—LEADERS LET ME KNOW THE CHANGE AND I WILL SEND E-MAIL</p>	
Wed, April ,1	An 8 mile moderate hike on Holston Mountain from Griffith Branch to Hinkle Branch-no breakfast stop. Leader Howard Guinn 423-753-4072
Mon.-April,6	An easy 10 mile in and out hike on the Kingsport Greenbelt from behind Holston Valley Hospital to Exchange Place. Where to eat Breakfast decided at the church. This is a favorite Bob Miller hike for wild flowers. Daryl Loyd 423- 202-5238
Wed, April, 8	Moderate 6 mile hike from the Houston Mt. Campground to the Meadow Creek observation tower and back. No breakfast stop. Leader Howard Guinn 423-753-4072—cell 423-741-7755.
Mon, April 13	How often is there a hike available led by a 96 year old. Don't miss this rare opportunity. A 2.3 mile hike around the lake at Bays Mountain Park. If you elect to take a longer hike, be sure you have a ride home. I will plan to meet the hikers for breakfast about 8:30AM at Hardees's on Dennis By [pass just off of I-26. Bring water, warm layered clothes, rain gear and lunch if you plan a longer hike. Bob Miller 423-245-1465. Somebody lead the hikers from the church to Hardees's—Daryl will lead from the church to meet Bob 423-202-5238
Wed, April,15	A 6 mile moderate in and out hike on the Laurel Run Trail starting from Laurel Run Park near Church Hill Tenn. We do this hike every spring for the beautiful wild flowers. Also the bank on your right driving into the park is usually lined with wild flowers, if we hit the timing just right and that is usually the middle of April.Ed Shell used to walk the group up the road after the hike for a close look at the flowers along the road.Ed, a long time member of the Old-Timers Hiking club was a real wild flower lover and knew them well; he and his knowledge of wild flowers was really missed by us after his health caused him to stop hiking. There are two creek crossings on this hike that can usually be rock hopped—hiking poles helpful. Breakfast at Hardees in Kingsport off I-26 on the Dennis bypass. Leader: David Douthat-423-639-8567 cell 423-620-3437.
Mon, April,20	A 7 mile moderate hike in the Smokies on the Albright Grove Trail (named for Horace Albright, a conservationist and advisor to John D. Rockefeller as well as the first assistant director of the National Park Service) The trail winds up a small creek and through an ancient forest. This easy trail follows a portion of Maddron Bald Trail to the Albright Grove loop, which passes through one of the largest and most impressive stands of virgin poplar in eastern Tennessee. The trail follows an old road, with Buckeye Creek on the left. It passes through stands of small American beech, tulip trees (yellow poplar), and maples, which have replaced abandoned cornfields and apple orchards from the days when this area was privately owned. At 0.5 mile a one-room cabin on the right dates back to 1889, once owned by Alex and Sara Baxter. This cabin was

	made from American chestnut, and possibly all from one tree, since American chestnuts in this area were recorded to be as big as 33 feet in circumference. Some pine and tulip tree have been used to restore the cabin. The trail has a few very large trees if one takes time to look for them and in April silver bell trees bloom here. The breakfast stop will be announced at the church. Leader Judy Middlemas 423-282-6987
Tuesday, April 21st	Our annual dinner at the Covenant Presbyterian Church at 6 PM. The meat, bread, and drinks will be provided by the club, hikers should bring vegetables, salads and desserts. Gil will be there and so it will be a good time for us to pay our dues for 2015. Please take time to provide him with your current information and any member who does not have e-mail should let him know if they need their schedule by mail and give him an address. Everyone please come, there will be good food and good company. We always enjoy seeing those who hiked with us but for health or other reasons no longer hike. Please let Carol Loyd know by April 15th if you will attend the dinner so she and Nancy and other helpers can plan for the meal. Phone 423-913-3279 or darylloyd@embarqmail.com
Wed, April,22	A 6 mile moderate hike from Carvers Gap to Grassy Ridge and then hike on to a lunch spot with a view. No breakfast stop. Leader Howard Guinn 423-753-4072 cell 423-741-7755
Mon, April,27	A 4 mile hike at Natural Tunnel State Park. It is an easy 2.1 mile hike to the Overlook with just a few steps at the beginning of the hike up to Lover's Leap. Also, there is a \$3.00 per vehicle parking fee. Breakfast at the Campus Drive-In in Gate City, VA. Leader Jack Lawson 423-
Wed, April,29	An 8.7 mile moderate to strenuous keyswap hike on the AT from Dennis Cove pass Laurel Falls to the Shook Branch Recreation Area at 321. No breakfast stop. Leaders: Lamar Adcox 423-234-0296 or cell (423)823-1768 and Howard Guinn 423-753-4072 cell 423-741-7755
Mon, May,4	An in and out 4 mile [guess as to mileage, could be a little more or a little less] hike from Elk River Falls to Jones Falls. Breakfast at Bob's Dairy Land. Leader Wayne Jones 423-737-4852
Wed, May,6	A strenuous 9.2 mile hike from Hughes Gap to Iron Mountain Gap on the AT. Form your carpools at the church and meet the leader at the overflow parking area at Clarence's, where there will be a sign-up sheet. No breakfast stop. Leader Howard Guinn. 423-753-4072.
Mon, May,11	Alvarado to Damascus, Creeper Trail, 7 miles, easy, maybe key swap; where to eat breakfast decided at church. Leader Daryl Loyd 423-202-5238
Wed ,May,13	A moderate to strenuous 7 mile shuttle hike from Damascus, VA south on the AT to Backbone Rock. No breakfast stop. Leader, Lamar Adcox, 234-0296 or cell (423)823-1768.
Mon, May,18	A 4 mile in and out easy to moderate hike on the AT south to High Rocks or those who wish a little more hiking can hike on to Whistling Gap at the campsites for a 5.2 mile hike. The middle of May should catch the many wildflowers that live here in bloom. Breakfast at Clarence's. Leader Jeannine Edwards 423-202-7207 cell 901-351-1779
Wed, May,20	A 10 mile strenuous hike at Clarks Creek. We will take the Sills Branch

	Trail, then FS 5066 and then down the Long Arm Branch Horse Trail, where we will take a side trail to a waterfall, just before we end our hike. There are creeks to cross that we should be able to rock hop. No breakfast stop. Leader: Howard Guinn 423-753-4072 cell 423-741-7755
Mon.May,25	A 5 mile moderate loop at Buffalo Mountain Park. Starting at the picnic area we will turn right at the trail sign and using the lady slipper and other trails make a loop back to the picnic area. No breakfast stop. Leader Howard Guinn 423-753-4072 cell 423-741-7755
Wed, May,27	A 7.5 mile strenuous short shuttle hike on the Stamping Ground and Limestone Cove Trail at Limestone Cove. Breakfast at Clarence's. Leader, Lamar Adcox, 234-0296 or cell (423)823-1768.
Mon, June,1	A Moderate 6 mile hike north on the AT starting at TN 91 to the Double Springs Shelter and return. No breakfast stop. Leader, Lamar Adcox, 234-0296 or cell (423) 823-1768.
Wed, June,3	A 7.25 mile moderate to strenuous shuttle hike on the Meadow Creek Mountain Trail #6; from Cedar Creek Cave Road to Chuckey Peak, then to the old Yellow Springs Resort and on to the Tweed Springs Road. Form your car pools at the church and meet the leader at Ma and Pa's for breakfast. Leader: David Douthat 423-639-8567 cell 423-620-3437.
Mon, June,8	A 4.6 mile moderate in and out hike from Sam's Gap to Street Gap. Breakfast at Clarence's. Leader Jeannine Edwards 423-202-7207
Wed, June,10	A 6.5 mile moderate to strenuous in and out hike from Carvers Gap to the end of the Roan High Bluff Trail. No breakfast stop. Leader Howard Guinn 423-753-4072 cell 423-741-7755
Mon, June,15	A strenuous 7 mile in/out hike to Hump Mountain north on the AT from Roaring Creek Road. Breakfast at Bob's Dairy Land in Roan Mountain. Leader, Lamar Adcox 234-0296 or cell (423)823-1768.
Wed, June,17	An 8.3 mile hike on the AT from the Nolichucky River to Indian Grave Gap. This will be a key swap with 2598' elev. gain. Rated moderate. Approx. 5 hours of hiking. Breakfast at Clarence's. Leader Wayne Jones :423-737-4852
Mon, June,22	A 5.2 mile moderate in and out hike from the Chestoa Bridge to Temple Hill. Breakfast at Clarence's. Leader Jeannine Edwards 423-202-7207
Wed, June,24	Work day on our section of AT. This will mostly be weed cutting. Form carpools at the church and meet at Clarence's for breakfast where there will be a sign-up sheet. Leaders Mike Hupko 423-929-2626 and Eric Middlemas 423-282-6987
Mon.,June,29	A work day on our section of AT. Finish what we started last week. Form your carpools at the church and meet at Clarence's for breakfast. Leaders Mike Hupko 423-929-2626 and Eric Middlemas 423-282-6987
We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is	

welcome, member or not. We are an alcohol free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.
President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net
Treasurer and person to give your membership dues[per year/per family \$10.00]-Gil Derouen 423- 283-7767 –or 2702 Avondale Drive—Johnson City, Tenn. 37604 -- gilderrouen@comcast.net
Website---<http://oldtimershikingclub.org>
Trail Work Coordinator—Eric Middlemas 423-282-6987 Mike Hupko-423-929-2626
Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com [SEND ME YOUR HIKES written up exactly as you wish them to appear in the schedule]