

2015 OLD-TIMERS HIKING CLUB SCHEDULE—JANUARY-FEBRUARY-MARCH
 Founded in 1991 by CB Willis and Don Frederick and named by Jim Widener



Rufous” my little lost hummingbird visitor”

Mon.-Jan-5	An easy 6 miles on the Tusculum trail from Green Valley to the elementary school and back. Breakfast at Hardees in Jonesborough. Leader :Daryl Loyd 423-753-2859---cell 423-202-5238
Wed,Jan-7	A 9 mile moderate to strenuous loop hike on Holston Mountain starting from Griffith Branch and with a mile strenuous climbing to reach the towers which will be our lunch stop unless the weather is bad in which case we will hike on to the Holston Hilton where we can eat lunch out of the weather. No breakfast stop. Leader: Howard Guinn 423-753-4072 or cell 423-741-7755.
Mon, Jan12	A moderate 5 mile hike on the AT south from Watauga Dam Road to the Watauga Lake Shelter and return. Breakfast at Burger Hut. Leader: Lamar Adcox, 234- 0296 or cell (423) 823- 1768.
Wed, Jan-14	A 9 to 10 mile in and out hike at Rocky Fork to Higgins Pond. Form your carpools at the church and come to McDonalds in Erwin for breakfast and meet the leader across the road at Pal's, where there will be a sign-up sheet. Leader Howard Guinn 423-753-4072 cell 423-741-7755.

Mon, Jan-19	A 7 mile hike near Hot Springs on the Laurel River Trail to the French Broad River. Breakfast at Clarence's. Leader: John Parks 423-773-9643.
Wed, Jan-21	8.3 mile hike on the AT from the Nolichucky River to Indian Grave Gap. This will be a key swap with 2598' elev. gain. Rated moderate. Approx. 5 hours of hiking. Breakfast at Clarence's. Leader Wayne Jones :423-737-4852
Mon, Jan-26	A moderate 6 mile hike on the AT north starting at TN 91 to the Double Springs Shelter and return. No breakfast stop. Leader: Lamar Adcox: 423-234- 0296 or cell (423) 823- 1768.
Wed, Jan-28	A strenuous 10 mile in and out hike from Rock Creek Park to Rattlesnake Ridge. Breakfast at Clarence's. Leader: Jeannine Edwards 423-202-7207
Mon, Feb-2	A 6 mile in and out hike from 19E south on the AT to the Tenn. / N.C. border at Doll Flats. Breakfast at Bob's Dairyland. Leader: Howard Guinn 423-753-4072 cell 423-741-7755.
Wed, Feb-4	An out-and-back hike of up to 11.8 miles on the rails-to-trails Guest River Gorge Trail near Coeburn, VA. Hikers may go as far as they please on the 5.9 miles of gentle grade, then return to the parking area. The trail goes through several tunnels, crosses three bridges, and has benches which provide a view of the rapid currents of the Guest River as well as nice lunch spots. Breakfast at Campus in Gate City. Leader Judy Middlemas 423-282-6987
Mon, Feb-9	An easy 8 mile hike on the Virginia Creeper Trail starting at Abingdon and walking 4 miles to Watauga and then back. Where to eat breakfast decided at the church. Leader John Parks 423-773-9643.
Wed ,Feb-11	Moderate, with a little climbing, in and out 9.6 mile hike at Bays Mountain. We will park and hike into the park, then take the Cliffside Trail to the Lookout Tower; then hike on to the fire tower. Form your carpools at the church and meet the leader at Hardees on the Dennis bypass in Kingsport, where there will be a sign-up sheet. Leader Howard Guinn 423-753-4072 cell 423-741-7755
Mon, Feb-16	Moderate 6 mile hike from the Houston Mt. Campground to the Meadow Creek observation tower and back. Form your carpools at the church and meet the leader at Ma and Pa's for your breakfast stop. Leader: Howard Guinn 423-753-4072—cell 423-741-7755.
Wed, Feb-18	A moderate 8 mile hike on the AT south from Indian Grave Gap to Curley Maple Gap Shelter and return. Breakfast at Clarence's in Unicoi. Leader: Lamar Adcox, 234- 0296 or cell (423) 823- 1768.
Mon.Feb-23	An in and out 4 mile [guess as to mileage, could be a little more or a little less] hike from Elk River Falls to Jones Falls. Breakfast at Bob's Dairy Land. Leader Wayne Jones 423-737-4852
Wed, Feb-25	A moderate 8 mile loop on Buffalo Mountain starting at the Lone Oak Trailhead and returning to the Lone Oak Trailhead. Quick breakfast at Hardees. Leader: Howard Guinn 423-753-4072
Mon, March-2	A 6 mile moderate in and out hike from Iron Mountain Gap to Cherry Gap Shelter; breakfast at Clarence's. Leader :Jeannine Edwards 423-202-7207
Wed, March-4	A moderate to strenuous 7 mile shuttle hike from Damascus, VA south on

	the AT and down Backbone Rock Trail. No breakfast stop. Leader: Lamar Adcox, 423- 234- 0296 or cell <u>(423) 823- 1768</u> .
Mon, March-9	A moderate 6.8 mile in and out hike on the AT from Devil's Fork Gap to Flint Gap. Form your car pools at the church, come to Erwin for breakfast at McDonalds and meet the leader across the road at Pal's at 8:45, where there will be a sign-up sheet. Leader: Howard Guinn 423-753-4072.
Wed, March-11	A strenuous 9 mile hike from Hughes Gap to Iron Mt Gap on the AT. Form your carpools at the church and meet the leader at Clarence's for breakfast and a signup sheet. Leader: Howard Guinn 423-753-4072
Mon, March-16	A 5.5 mile moderate loop hike from the Round Knob Pavilion to the Davis Creek Trail; then on part of the J.C. Trail to road 88, then continue to Round Knob Road to an unnamed trail to Little Jennings Creek Trail and ending back at Round Knob Pavilion. There will be a couple of creek rock hops. Form your carpools at the church and meet the leader for breakfast at the first McDonalds in Greeneville. Leader: David Douthat 423-639-8567 cell 423-620-3437.
Wed, March-18	A moderate 9 mile hike from Elk Garden (VA 600) on the AT north to Thomas Knob Shelter and return. Those that wish can take the short trail to the Mt Rogers Summit. There will be no breakfast stop, but we will make a bathroom stop at the park in Damascus. Leader: Lamar Adcox, 234- 0296 or cell <u>(423) 823- 1768</u> .
Mon, March-23	A 5.5 mile moderate key swap hike from the French Broad River Bridge to Tanyard Gap. Form your carpools at the church and meet the leaders at Ma and Pa's for breakfast; where there will be a sign-up sheet Leaders Howard Guinn 423-753-4072 and Lamar Adcox 423-234-0296.
Wed, March-25	Choose your hike: A 6.4 mile in and out strenuous hike to Jerry's Cabin Shelter on the AT starting at the Fork Ridge Trail [trail 285-climbing] off road 111 in North Carolina. Some may choose to hike on for another 1.9 miles from the shelter to Big Butt Mountain for a 10.2 mile strenuous in and out hike. Or some may want to hike on another 1.6 miles to the Shelton Grave Sites; for a 13.4 mile strenuous hike. Breakfast stop will be decided at the church. Those doing the 10 miles or more should eat breakfast before coming to the church because you will not stop for breakfast. Leader: David Douthat: 423-639-8567 cell 423-620-3437
Mon., March-30	Work Day—We will start the spring clean-up of our section of AT. Form your carpools at the church and meet the leaders at Clarence's for breakfast where there will be a sign-up sheet. Leaders: Erie Middlemas: 423-282-6987 Mike Hupko: 423-929-2626

We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. We are an alcohol free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.

President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net

Treasurer and person to give your membership dues-Gil Derouen 423- 283-7767 –2702 Avondale Drive—Johnson City, Tenn 37604 -- gilderrouen@comcast.net

Website---<http://oldtimershikingclub.org>

Trail Work Coordinator—Eric Middlemas 423-282-6987 Mike Hupko-423-929-2626

Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com [SEND ME YOUR HIKES written up exactly as you wish them to appear in the schedule]