

<p>2016 OLD-TIMERS HIKING SCHEDULE FOR JULY ,AUGUST AND SEPTEMBER</p> <p>Founded in 1991 by CB Willis and Don Frederick and named by Jim Widener</p> <p>Please note that as of this schedule if the hike write-up does not mention breakfast there will be no breakfast stop on that hike, so please eat breakfast before coming to the church and signing in.</p>	
MON.- JULY-4	A 4 to 5 mile in and out hike that will start in the upper parking lot at Buffalo Mountain Park and take the white blazed trail to White Rock. Leader: Jeannine Edwards: 423-202-7207; cell 901-351-1779. [This short hike should get us home for our 4 th activities. Have a happy and safe 4 th -Faye]
WED.- JULY-6	A 10 mile strenuous in and out hike from 19-E to Hump Mountain. Those wishing shorter mileage can turn around at Doll Flats for a 6 mile hike. Leader Howard Guinn 423-753-4072 cell 423-741-7755
MON-JULY-11	A work-day on the old-timers section of AT. We focus primarily on mowing with weed trimmers and lopping back woody growth. Form your carpools at the church and meet Mike at Clarence's for breakfast, where there will be a sign-up sheet. Leaders Mike Hupko 423-929-2626 and Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.
WED.-JULY- 13	Tanyard Gap to the French Broad River - A 5.5 mile moderate shuttle hike from Tanyard Gap to Silvermine Creek Road next to the French Broad River outside of Hot Springs, NC. Lunch at the Iron Horse Cafe in Hot Springs afterwards. Form your carpools at the church and to sign in. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com
MON-JULY-18	South Harper Creek Falls or Wilson Falls as the old timers call this grand falls. Located in the Wilson Creek area in North Carolina, these spectacular falls are 200 feet tall. One creek crossing is required and will be welcomed if hot this day. If time permits we may venture over to another falls, Hunt Fish Falls. I will be leading from Food City Parking lot in Elizabethton, form your carpools at the church. Breakfast, there are three places we can pick from and maybe an ice cream cone on the way back. Mileage: 6 miles for both falls. Leader: Janice Miller Home: 423- 543-5602 Cell: <u>423-306-2050</u>
WED. JULY-20	A moderate 7 mile hike from Camp Creek Bald to Allen Gap. We will leave a car at Allen Gap and hike down from Camp Creek Bald. Leader: Howard Guinn 753-4072 cell 423-753-4072
MON,-JULY-25	A moderate 5 mile hike at Rock Creek Park to Rock Creek Falls. There are several creek crossings. Breakfast at Clarences.Leader Lana Scott.
WED.,JULY 27	A 5 mile moderate loop hike starting at the Beech Mountain Visitors Center, near highway 184 in Avery County N.C. on the Emerald Outback trail system and back. Breakfast at Bob's Dairyland. Leader David Douthat 423-639-8567 cell 423-620-3437
MON.- AUG-1	Monday, August 8. There aren't many opportunities to hike with a 97 year old leader, so don't casually miss this one. It will be my usual 2.3 (or possibly 2.5) mile clockwise hike around the lake at Bays Mountain Park. I'll meet you for breakfast at Hardees's on Dennis By-pass just off of I-26 at about 8:30. Bring rain gear, plenty of water but lunch only if you plan to interdependently hike further. This hike only takes about 75 minutes at my speed. Bob Miller, 423/245-1465 or rwm1029@hotmail.com.
WED.--AUG-3	Approximately 7 miles difficult hike from Shook Branch (Watauga Lake)

	across Pond Mt. and back to Hwy. 321. We will drop a vehicle or two there and all hike together. Leader Wayne Jones Cell- 423-737-4852.
MON.-AUG-8	Moderate 7 mile loop hike on Holston Mountain. We'll hike up to the Holston Mountain fire tower, and then follow Holston Mountain Trail and Flint Mill Trail to Flint Rock for lunch. Flint Rock has great views of South Holston Lake, Holston Valley and VA's Clinch Mountain in the distance. Breakfast at Burger Hut. Leader Howard Guinn 423-753-4072.
WED.-AUG-10	A 6.5 mile moderate keyswap hike on the AT from Tenn. 91 to Low Gap. Leader: Wayne Jones cell 423-737-4852.
MON.-AUG -15	A moderate 6.6 mile in and out hike north on the AT from 19-E to Buck Mountain Road. Breakfast at Bobs Dairy Land. Leader: Jeannine Edwards: 423-202-7207; cell 901-351-1779
WED-AUG-17	Bays Mountain Park to Laurel Run Park - A 7.5 mile moderate keyswap hike from Bays Mountain Park to Laurel Run Park. There are two creek crossings which may require wading if the creeks are high, so come prepared. Form your carpools at the church and proceed to the breakfast stop at Hardees in Kingsport on Dennis Bypass just off I-26. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.
MON.-AUG-22	A.T. AND MARTIN'S CREEK TRAIL --We will begin by dropping a car at the end of Martin's Creek Road. It is a short shuttle to Chestoa where we pick up the AT. On this moderate 7 mile hike we head north from here, cross the active railroad, and then climb alongside hill trail high above the Nolichucky River. We then pass through Jones Branch Valley, a beautiful forested area, before we begin the climb to Curly Maple Gap Shelter. Just after the shelter, we come to the remnants of an old CCC shelter. It is here that we turn onto an old logging road which leads us to Martin's Creek Falls on the outskirts of Erwin. Breakfast at Clarence's. Leader: Judy Middlemas, (423) 282-6987.
WED.-AUG-24	A 9.6 mile strenuous in/out hike on the AT from Howard Harrison Rd. to Moreland Gap shelter. Leader Howard Guinn 423-753-4072
MON.-AUG-29	A moderate in and out 5.4 mile hike south on the AT from Devil Fork Gap to the Flint Mountain Shelter or a moderate 6.8 mile hike if you hike on to Flint Gap before turning around. Breakfast at Clarence's. Leader: Jeannine Edwards: 423-202-7207; cell 901-351-1779
WED-AUG -31	McQueen Gap to Backbone Rock --An 8.6 mile, moderate hike from McQueen Gap to Backbone Rock. This hike starts high on the ridge of Holston Mountain so there are no really big climbs. We will follow the ridge to the intersection with the Backbone Rock Trail where we will descend 2.3 miles to our car. We will plan to run a shuttle between McQueen Gap and Backbone Rock. Form your carpools at the church to sign in and to arrange a shuttle between McQueen Gap and Backbone Rock. Because McQueen Gap Road is rough, it would be desirable, but not essential, that high-clearance vehicles are used to get to McQueen Gap. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.
MON.-SEPT-5	Labor Day; Breakfast at Penny Man's Dinner (Or meet at the trail head at

	<p>9:00 if you don't want to go to Penny Man's). Then to the Johnson City Tweetsie trail head for a six mile easy hike, in and out. After the hike, to Jerry and Debbie's home, 3740 Kimrod Dr., Johnson City, for lunch, this will be hot dogs with all the trimmings. If you plan to attend, You must let me know by August 31st so I will know how much food will be needed. Also, if you would like to bring a side dish (which is optional and not required), let me know by that date. Guaranteed to be up to par with the Dip dog in Marion, or double your money back. Bring your own beverage. Leader, Jerry Jones, tnlegalcounselor@aol.com, 423-282-2199. If you cannot or desire not to hike you are still invited to lunch, which is estimated to be about 12:30 pm.</p>
WED-SEPT-7	<p>Sam's Gap to Devil's Fork Gap, 8.5 miles either shuttle or key swap depending on number of hikers. Breakfast at Clarence's. Hike leader: Wayne Jones Cell 737-4852.</p>
MON-SEPT-12	<p>Cross Mountain to Sandy Gap – a 5 mile moderate to strenuous, keyswap hike on the Iron Mountain Trail from Cross Mountain to Sandy Gap. Form your carpools at the church and meet at the Cross Mountain parking area to arrange a keyswap before proceeding to the trailheads. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.</p>
WED-SEPT-14	<p>An 8 mile moderate to strenuous hike starting at the Hinkle Branch Trailhead on Holston Mountain. We will hike the Taylor Ridge Trail and the Rye Patch Trail making a loop back to parking. The first trail has 4 creek crossings, be prepared in case we cannot rock hop. Leader Howard Guinn-423-753-4072 cell 423-741-7755</p>
MON-SEPT-19	<p>A 5 mile moderate loop hike starting at Camp Creek Bald [Jones Meadows] parking lot on the blue blaze trail to Blackstack Cliffs, then south on the AT to the Pounding Mill Trail, to the fire tower then down the access road. Form your carpools at the church and meet the leader for breakfast at Ma and Pa's. Leader : David Douthat 423-639-8567 cell 423-620-3437</p>
WED-SEPT-21	<p>An 8 mile strenuous hike into the old settlement of Lost Cove. We start at Devil Creek Gap and use the Devil Creek trail as our in and out route. Last time we were there in 2014 one old house remained. Form your carpools at the church and then meet the leader at the parking in front of Pals. Leader: Howard Guinn 423-753-4072 cell 423-741-7755</p>
MON-SEPT-26-	<p>Little Stony Creek Trail, Jefferson National Forest at Dungannon, Va. A 6 Mile in/out hike on old railroad spur along Little Stony creek to 2 waterfalls. A quick breakfast at the Campus Grill in Gate City. Leader Wayne Jones, cell- 423-737-4852.</p>
WED-SEPT-28	<p>A moderate 8 mile hike from Sam's Gap to Honey Rock on the northern flank of Flat Top Mountain with good views of the Nolichucky River. Leader Lamar Adcox 423-234-0296 cell 423-823-1768 or Howard Guinn 423-753-4072 cell 423-741-7755</p>

We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. No beverages containing alcohol are allowed on our hikes or at the trailhead if you are involved in activity with this club. We are an alcohol free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.

President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net
Treasurer and person to give your membership dues[make your check out to Gil]-Gil Derouen 423-283-7767 --2702 Avondale Drive—Johnson City, Tenn 37604 -- gilderrouen@comcast.net

Website---<http://oldtimershikingclub.weebly.com>

Trail Work Coordinator—Mike Hupko and Eric Middlemas.

Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com [SEND ME YOUR HIKES written up exactly as you wish them to appear in the schedule]