

2016 OLD-TIMERS HIKING CLUB SCHEDULE—JANUARY-FEBRUARY-MARCH

Founded in 1991 by CB Willis and Don Frederick and named by Jim Widener

Mon.-Jan-4	A 6 mile easy to moderate hike from the Jonesborough Visitors Center [park on side of visitor's center away from the post office] to persimmon Ridge Park and hike the trails; then return to the Visitors Center. Form your carpools at the church, eat breakfast wherever you chose and meet the leader at the Visitors Center about 8:30 to 8:40 Leader Howard Guinn 423-753-4072 cell 423-753-4072
Wed,Jan-6	An 8 mile, in-out, moderate hike on the AT from Indian Grave Gap to Curly Maple Gap Shelter. A good chance to see the winter woods. Breakfast at Clarence's. Leader, Jeannine Edwards. <u>423-202-7207</u> , or cell, <u>901-351-1779</u> .
Mon, Jan11	A 6.4 mile easy to moderate ,level and mostly downhill shuttle hike starting on a forest service road in Polecat Hollow in Madison County N.C; to the Jack Branch Trail[299];ending at the Murray Branch Picnic Park. Form your carpools at the church and meet the leader for breakfast at Ma and Pa's. Leader David Douthat 423-639-8567 cell 423-620-3437
Wed, Jan-13	A 7.2 mile, in-out, moderate hike on the AT, from Chestoa to Temple Hill Gap. There are lots (and lots) of beautiful views along this route. Breakfast at Clarence's. Leader, Jeannine Edwards. <u>423-202-7207</u> or cell, <u>901-351-1779</u> .
Mon, Jan-18	Monday, January 18. A senior hike around the lake at Bays Mountain Park via the Holly alternate which will make it 2.5 miles. I plan to meet the hikers for breakfast about 8:30AM at Hardees on Dennis By-pass just off of I-26 rather than drive to Johnson City and back. Bring water, warm layered clothing, rain gear and lunch if you plan to hike further. Bob Miller, 423/245-1465r rwm1029@hotmail.com .
Wed, Jan-20	An 8 mile moderate hike on Holston Mountain from Griffith Branch to Hinkle Branch—short shuttle. No breakfast stop. Leader Howard Guinn 423-753-4072 or cell 423-741-7755.
Mon, Jan-25	A moderate 5 mile hike on the AT south from Watauga Dam Rd to the Watauga Lake Shelter and return. Breakfast at Burger Hut. Lamar Adcox 234-0296 or cell <u>(423) 823-1768</u> .
Wed, Jan-27	A 5 to 9?? mile moderate to strenuous loop hike starting at the park in Damascus and hiking on the Creeper, the AT, the Iron Mt. connector, the Iron Mt, and the Beech Cove trails. If you want to do the short hike the leader will show you, during the hike, where to exit the hike to hike about 5 miles. If you wish to eat breakfast in Damascus meet at the church at 7:30 and go on to eat: inform the leader so he knows you will be meeting him at the park after breakfast and signing up for the hike [cell 423-741-7755] Those not going to breakfast will meet the leader as usual at 8 at the church. Leader Howard Guinn 423-753-4072 cell 423-741-7755
Mon, Feb 1	An easy 6 miles on the Tusculum trail from Green Valley to the

	<p>elementary school and back. Breakfast will be determined at the church. Leader: John Parks, Cell phone: (423) 773-9643</p>
Wed, Feb-3	<p>A strenuous 7 mile short shuttle hike over Pond Mt. from Shook Branch on the AT south and out the Blue Line Trail near Hampton. Breakfast at Food City in Elizabethton. Lamar Adcox 234-0296 or cell (423) 823-1768.</p>
Mon, Feb-8	<p>This trail in the Cherokee National Forest runs parallel to both TN 91 and Laurel Creek. It branches in both directions from the trailhead. Our hike will consist of two in & out walks, starting first with crossing the bridge and heading north toward Damascus. The other branch heads south and through Camp Ahistadi. Our total hiking distance is about 4 easy miles. Our one-way drive distance is approximately 46 miles. Where to eat breakfast decided day of hike. Leader: Judy Middlemas, 423-282-6987.</p>
Wed ,Feb-10	<p>A 6 mile in and out hike from 19E south on the AT to the Tenn. /N.C. border at Doll Flats. Those who chose to go to breakfast should meet and leave the church at 7:30, inform the leader where you are [cell 423-741-7755] if you wish him to stop there, or come on to the trailhead where YOU WILL sign-up before you hike. The leader will meet those not going to breakfast and leave the church at 8am as usual. Leader: Howard Guinn 423-753-4072 cell 423-741-7755</p>
Mon, Feb--15	<p>A 4 to 6 mile moderate hike on the Lone Oak Trail up to Tip Top if you wish to hike 4 miles and for those who wish, on to White Rocks for more mileage. No breakfast stop. Leader Wayne Jones 423-737-4852</p>
Wed, Feb-17	<p>A 5.6 mile in and out moderate hike starting on Tweed Springs Road in Greene County on old horse trails and forest roads to the Tower Spur Trail[6A.]; Here an additional in and out strenuous 4 miles on the Tower Spur Trail to the Meadow Creek Tower can be added. Form your carpools at the church and meet the leader for breakfast at Ma and Pa's. Leader David Douthat 423-639-8567 cell 423-620-3437</p>
Mon.Feb-22	<p>An in and out about 4 mile hike from Elk River Falls to Jones Falls. No breakfast stop. Leader Wayne Jones 423-737-4852</p>
Wed, Feb-24	<p>Moderate with short strenuous sections 8 to 9 mile hike starting on Dry Creek Road. We will take a trail to the crest of Cherokee Mt. and after two miles or so the trail sort of ends but we will continue across the crest to a power line. We return on the FS road and the Renage Trail. No breakfast stop. Leader Howard Guinn 423-753-4072 cell 423-741-7755</p>
Mon.Feb-29	<p>Channels - A moderate 5-6 mile, in/out hike to the rock outcroppings in the Virginia Channels Natural Area Preserve. The Channels are part of the Virginia Natural Area Preserve and are located on the eastern end of the Brumley Mountain Trail which extends from Hidden Valley Lake to Hayters Gap. The Channels are a "labyrinth of cave-like crevices" occurring deep between blocks of 400 million year old sandstone" that sits atop Middle Knob of Clinch Mountain. This location is considered one of the state's natural wonders due to the cool, shaded microclimate within the deep Channels. We will hike the Raven Ridge Road from Hayters Gap to Middle Knob Fire Tower, then a few yards further through a rhododendron thicket to the Channels. No breakfast stop because of the</p>

	driving distances but, if there are interested parties, we may stop in Abingdon for lunch after the hike. Leader: Eric Middlemas, 423-282-6987, emiddlemas@live.com.
Wed, March-2	A 5 mile moderate loop at Hot Springs on the Pump Gap Trail. Form your car pool and meet the leader at Ma & Pa's for breakfast. Lamar Adcox 234-0296 or cell <u>(423) 823-1768</u> .
Mon, March-7	A 7 mile moderate in/out hike on the Creeper Trail from Green Cove Station to White Top Station. Where to stop for breakfast to be determined at the church. Leader: John Parks, Cell phone: <u>(423) 773-9643</u>
Wed, March-9	9.6 mile in and out moderate hike to the Pinnacle Tower in Unicoi. Form your carpools at the church and eat breakfast at Clarence's then meet the leader at the trailhead where there will be a sign-up sheet. Leader Howard Guinn 423-753-4072 cell 423-741-7755
Mon, March-14	WILSON CREEK AREA HIKE-This is a moderate 4.5 mile loop hike in the Wilson Creek area. We follow a creek for a while and then loop back along Little Lost Cove Cliffs. Where to eat breakfast decided day of hike. Leader- Rick Culbertson 423-579-8508
Wed, March-16	8.3 Mile hike on the A/T from the Nolichucky River to Indian Grave Gap. This will be a key swap with 2598' elev. gain. Rated Moderate with one strenuous climb from the river. A quick breakfast at Clarence's. Leader Wayne Jones 423-737-4852
Mon, March-21	Work Day—We will start the spring clean-up of our section of AT. Form your carpools at the church and meet the leaders at Clarence's for breakfast where there will be a sign-up sheet. Leaders: Erie Middlemas: 423-282-6987 Mike Hupko: 423-929-2626
Wed, March-23	Iron Mtn/Feathercamp Loop - A moderate, 8.2 mile hike on the Appalachian, Iron Mtn, and Feathercamp Trails. We will park at Straight Branch and travel south on the Appalachian Trail approximately 2 miles to Cuckoo Gap where we will meet the Iron Mtn. Trail and follow it north 4 miles to the Sandy Flats Shelter. We will then turn right onto the Feathercamp Trail, which will take us 2.2 miles back to Straight Branch. There will be approximately 5-6 creek crossings. Breakfast at Cowboys in Damascus. Leader: Eric Middlemas, 282-698 emiddlemas@live.com.
Mon, March-28	<p>I was asked by Jerry Jones to repeat the hike that the OTHC did last April with me. Here is what I can do: For a Monday Hike, best date March 28, for early wildflowers--Glenn</p> <p>Easy to moderate hike, 2.6 miles by the river and then up around Mead's Quarry Lake, then an easy 4.0 miles out and back on Knoxville's Will Skelton Greenway to Forks of the Tennessee River and Wildlife Management Area. Plan to stop at Hardees's for a quick breakfast; then meet Glenn Marshall at the Ijams Visitors Center (w/ rest rooms), Glenn when on the road will have his cell phone on 865/856-0174.</p> <p>While there you can choose to do their Zip Line or tour the nature museum and wildlife photos www.ijams.org</p> <p>Lunch on Market Street downtown Knoxville.</p> <p>Jerry Jones will lead from Church; 8am, Phone 423-282-2199</p>

Wed, March-30	A 10 mile strenuous hike on the At north from Watauga Dam Rd to the Vandeventer Shelter and return. No breakfast stop. Lamar Adcox 234-0296 or cell <u>(423) 823-1768</u> .
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We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. We are an alcohol free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.

President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net
Treasurer and person to give your membership dues-Gil Derouen 423- 283-7767 –2702 Avondale Drive—Johnson City, Tenn 37604 -- gilderrouen@comcast.net

Website---<http://oldtimershikingclub.weebly.com>

Trail Work Coordinator—Eric Middlemas 423-282-6987 Mike Hupko-423-929-2626

Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com