

	<p align="center">2017 OLD-TIMERS HIKING CLUB SCHEDULE--OCT-NOV-DEC</p> <p align="center">Founded in 1991 by CB Willis and Don Frederick and named by Jim Widener</p>
	<p>Please check your e-mail on the day before hikes in case that hike changes and please note that if the hike does not mention breakfast that hike will not have a breakfast stop so eat before you come to the church and sign-in.</p>
Mon, Oct,2	<p>A short Monday hike of 5 miles in and out at Horse Creek Park to Pete's Branch Falls. There are lots of creek crossings—if we have not had a lot of rainfall we should be able to keep dry feet. The last time I put this hike on we had to cancel because of too much water—so watch your e-mail. This hike was last on the old-timer's schedule in 2003 led by CB Willis. Without lots of rain the waterfall does not have much water but if there is lots of rain it would be very wet feet to get there and this hike leader does not wade creeks. Leader Howard Guinn: 423-753-4072 cell 423-747-4881</p>
Wed, Oct, 4	<p>Hidden Lake Loop – A strenuous loop hike to Hidden Lake (also known as Camp Birchfield Lake) along the short but steep Camp Birchfield Lake Trail and the longer, but mostly downhill, Lower Higgins Creek Trail at Rocky Fork. The total distance is about 8 miles with several beautiful waterfalls along the way. We will have to deal with about 10 creek crossings on the Camp Birchfield Lake Trail on the way up to the lake and about 3-4 on the way back on the Lower Higgins Creek Trail —hopefully on rocks— so, be prepared either way (the first crossing is the hardest). There is also the option of returning via the Camp Birchfield Lake Trail for those hikers who desire a shorter walk. Gather at the church for carpooling and breakfast with good food and conversation at Clarence's. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.</p>
Mon, Oct, 9	<p>We have reserved Shelter #5 at Eastman Bays Mountain Recreation Area for Monday, October 9, 8:00 a.m. to 4:00 p.m. for a club picnic. Shelter #5 is located behind the Quonset hut in a wooded area adjacent to Dolan Branch and the Forest Walk Trail. The club will provide hamburgers, hot dogs and a few veggie burgers for grilling and <u>condiments</u>. We will also provide drinks, ice, potato chips, plates, cups, <u>utensils</u>, and napkins. <u>Everyone is asked to bring a favorite side dish - a salad, vegetable, or dessert - enough for yourself and to share if you are able.</u> After the meal, someone will lead a hike up the Forest Walk Trail into Bays Mt. Park. Meet at the church at 10:30 if you wish to carpool. CB is coming as is our oldest hike leader Bob Miller and we hope some who hiked with us but no longer hike will come and visit. If the weather fails to cooperate, we will move the event to Wednesday Oct 11. If you have any questions, you can contact me by email at wegonehiking@embarqmail.com. Thank -you to Eric and Judy Middlemas for thinking of and planning this event for us. --Faye</p>
Wed, Oct,11	<p>Roaring Fork Trailhead to Yellow Mountain Overlook – An 8-mile moderate out and back hike from the Roaring Fork Trailhead to the Yellow Mountain Overlook. No breakfast stop, but maybe ice cream afterwards. Gather at the church to sign in and form carpools. Leader: Eric Middlemas (423) 282-</p>

	6987; email: emiddlemas@live.com .
Mon, Oct ,16	A moderate 7 - 8 miles starting at Shook Branch hike to Watagua Dam Road and return. Fall leaves with brilliant colors should capture this area with views of Pond and Holston Mountain, and Watuaga Lake in its fall glory. Form your carpools; meet the leader at Food City in Elizabethton for a second pickup. Leader: Janice Miller 423-543-5602 or 423-306-2050
Wed, Oct ,18	8.4 mile strenuous or 5.2-mile easy hike in Rocky Fork State Park. The 8.4-mile hike will first follow the Rocky Fork trail, then climb steeply to the panoramic view from Whitehouse Cliffs; hiking poles recommended. It will then follow the Flint Creek, Blockstand Crk Access, Blockstand Crk trails, and reconnect to the Flint Crk and Rocky Fork trails. 1900'+ climbing. The 5.2-mile hike will be an in & out on the Rocky Fork & Flint Crk trails with 700' of climbing. Leader: Howard Guinn 423-753-4072 cell 423-747-4881
Mon, Oct, 23	Roan Mountain to Grassy Ridge and back. We will park at Carver's Gap and follow the AT past Jane Bald, then a side trail to Grassy Ridge. This moderate hike (5-6 miles) has incredible views any time of the year and is a favorite. Leader: Jeannine Edwards: 423-202-7207 or 901-351-1779 .
Wed, Oct,25	A 6 mile in and out hike from Devils Creek Gap to Honey Rock. The trail is little used and most likely overgrown in spots. If some would like a 2 mile longer hike we can start you from Spivy Gap on the AT. Just carpool together for longer hike. Leader: Howard Guinn 423-753-4072 cell 423-747-4881
Mon, Oct,30	Moderate 6.5-mile hike to Looking Glass Rock on the other side of Asheville in the Pisgah area. The trail climbs about 1700 feet in 3 miles. The trail follows a stream before beginning a series of switchbacks up the mountain. At two miles, the trail reaches a flat rock area which is used as a helicopter pad by the local rescue squad for injured rock climbers, A spur trail heads off to the left past the helipad, which leads to some nice views from Lower Looking Glass Cliffs. At the helipad, the main trail goes off to the right [yellow blazes] and continues its climb to the summit. The trail continues past the summit and after a short descent you are at Upper Looking Glass Cliffs with its spectacular views. Be careful it is very easy to slip and fall. Leader Howard Guinn 423-753-4072
Wed, Nov,1	Warrior's Path SP, Devil's Backbone and Fall Creek Loop. A moderate, in-out hike, about 5 miles. Devil's Backbone is somewhat rocky and steep, but there are some good views and much to see on the way to Fall Creek. Once on the loop, the trail is gentler, with a couple of ruins and a grassy meadow where wildlife can sometimes be seen. Leader: Jeannine Edwards jeannine21@bellsouth.net Phone: 423-202-7207 or 901-351-1779
Mon, Nov, 6	This is an opportunity you will never again have in your lifetime- hiking with a 99-year-old leader. It will be my usual 2.3-mile hike around the lake at Bays Mountain Park in Kingsport on Monday, Nov. 6. I'll meet you for breakfast at Hardee's on Dennis By-pass just off I-26 at about 8:30. Bring rain gear, a light jacket and plenty of water but lunch only if you plan to independently hike further. This hike will only take about 75 minutes at my speed. Bob Miller. 423/245-1465 or rwm1029@hoymail.com .
Wed Nov, 8	Elk Park to Virginia Creeper Trail – A moderate, 10-mile hike from Elk Park in the Mt. Rogers Area to the Virginia Creeper Trail at Creek Junction. We will

	spot a car at the Va. 728 access point to the Virginia Creeper Trail then drive to Va. 600 at Elk Garden. Plan on lunch or a snack at Buzzard Rock while enjoying the vistas. Meet at the church to sign in and arrange carpools. There will be no breakfast stop, but there will be a rest stop along the way because of the long drive. Leader: Eric Middlemas (423) 282-6987 emiddlemas@live.com.
Mon, Nov 13	A moderate hike of 6.5 miles on the Appalachian Trail starting on Walnut Mountain Road to Bitter End. Trail offers views of Hump Mountain, Little Hump and Grassy Ridge along with cascading falls. Form your carpools; meet at Food City in Elizabethton for a second pickup. Leader, Janice Miller <u>423-543-5602</u> or <u>423-306-2050</u>
Wed, Nov, 15	9- mile strenuous hike to Sand Cave and White Rocks near Ewing, Va. and Cumberland Gap National Park (the drive is 93-miles -one way) From Civic Park North of Ewing we climb 2 strenuous miles on the Ewing Tail to the ridge and turn right; hiking on to the top of White Rocks for lunch with 360-degree views of Poor Valley. After lunch, we hike two moderate miles on to Sand Cave where you are met with a waterfall coming over the entrance to this cave with its unusual deposit of sand-many feet deep-high in the mountains. There will be a 7:30 AM leave time from the church because of the driving distance. No breakfast stop, but a short break at the junction of Hwy. 23 and Hwy. 58 to stretch and use restroom Leader: Wayne Jones, phone; cell 423-737-4852
Mon, Nov, 20	Rocky Fork to Devil Fork Gap – A 6-mile moderate hike from Rocky Fork State Park to Devil Fork Gap via the Flint Creek and Appalachian Trails. We will spot a car at Devil Fork Gap then drive to Rocky Fork where we will take the Flint Creek Trail to the AT at Flint Gap and then on to Devil Fork Gap. The Flint Creek Trail passes by the site where John Sevier ambushed a Cherokee camp in 1789. Meet at the church for carpools and sign-up. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.
Wed, Nov ,22	Day before thanksgiving—Howard will be hiking to the Pinnacle Tower—9.6 miles in and out—if you wish to hike on Thanksgiving Eve form your carpools at the church and meet the leader at the trailhead at 8:15/8:20. Leader: Howard Guinn 423-753-4072 cell 423-747-4881
Mon, Nov, 27	A 5.5-mile moderate to strenuous hike from Spivey Gap to Whistling Gap down the water source trail to a forest service road back to the Hwy. and our cars. Breakfast at Clarence's. Leader: Wayne Jones cell 423- 737-4852
Wed, Nov,29	An 8-mile loop hike at Hickey Fork on the Hickey Branch and White Oak Flats Trails. About half the hike is climbing so is strenuous. Leader: Howard Guinn 423-753-4072 cell 423-747-4881
Mon, Dec, 4	Sam's Gap to Hogback Ridge Shelter. This moderate in-out hike follows the AT along the Tennessee / North Carolina line. We will hike to the summit at High Rock (4460'), then on about half a mile to the blue blaze trail to the shelter for a little reprieve. Afterwards, we will return the way we came, for a total of about 4.6 miles. Leader: Jeannine Edwards. e-mail jeannine21@bellsouth.net. Phone 423-202-1377or 901-351-1779.
Wed, Dec, 6	A strenuous 6-mile loop at Weaver's Bend on the Paint Mountain and Chimney Rock Trails off Houston Valley road south of Greeneville. Leader: Howard Guinn 423-753-4072 cell 423-747-4881

Mon, Dec 11	I am leaving this date open in case a hike is called for weather or any other reason it can be moved here. If not used a hike will be sent by e-mail on the Sunday before the hike. Faye
Wed, Dec, 13	A 10-mile strenuous hike starting on the A/T at Indian Grave Gap to Rattlesnake Ridge trail and down to Rock Creek Park where we can leave a shuttle car. Breakfast at Clarence's. Leader: Wayne Jones 423-737-4852
Mon, Dec ,18	AT, Indian Grave Gap to Beauty Spot and beyond. A nice, moderate, in-out hike to Beauty Spot for those who want about 4.5 miles. Some may choose to extend this hike on the AT to the Gap and back, for a total of 8 miles. Leader: Jeannine Edwards: e-mail jeannine21@bellsouth.net Phone 423-202-7207 or 901-351-1779 .
Wed, Dec, 20	A 5.5-mile moderate shuttle hike from Tanyard Gap to Silvermine Creek Road next to the French Broad River outside of Hot Springs, NC. Leader Howard Guinn 423-753-4072 cell 4230747-4881
Mon, Dec,25	We wish everyone a Merry Christmas –Howard and Faye
Wed, Dec,27	A 5 to 6-mile moderate to strenuous in and out hike from Hinkle Branch Trail head on Holston Mountain to the picnic tables. Leader Howard Guinn: 423-753-4072

We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. We are an alcohol-free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.

President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net
Treasurer and person to give your membership dues [per year/per family \$10.00]-Gil Derouen 423-283-7767 –or 2702 Avondale Drive—Johnson City, Tenn. 37604 -- gilderrouen@comcast.net
Website---<http://oldtimershikingclub.weebly.com>

Trail Work Coordinator—Eric Middlemas 423-282-6987 Mike Hupko-423-929-2626

Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com