

	<p>2018 OLD TIMERS HIKING CLUB SCHEDULE—April-May-June</p> <p>Founded August of 1991 by CB Willis and Don Frederick and named by Jim Widener</p> <p>26 YEARS OF HIKING AND COUNTING</p>
Mon.-April,2	A 4-mile easy or a 6-mile moderate hike at Rocky Fork State Park---A walk up Flint Creek to see the wildflowers; in and out for about 4 easy miles. Those wanting a little more can do the Whitehouse Cliff Trail for another almost two miles. Breakfast at Clarence's. Leader: Dave Polon, Cell 423-302-8368.
Wed, April, 4	<p><b>McQueen Gap to Backbone Rock</b> – An 8.6-mile, moderate hike from McQueen Gap to Backbone Rock. This hike starts high on the ridge of Holston Mountain so there are no really big climbs.</p> <p>We will follow the ridge to the intersection with the Backbone Rock Trail where we will descend 2.3 miles to our car. We will plan to run a shuttle between McQueen Gap and Backbone Rock. Form your carpools at the church to sign in and to arrange a shuttle between McQueen Gap and Backbone Rock. Because McQueen Gap Road is gravel and can be rough, it would be desirable, but not essential, that high-clearance vehicles are used to get to McQueen Gap. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.</p>
Mon, April 9	A hike at Steele Creek Park in Bristol of approximately 5 miles, rated moderate to a brief stretch of difficult terrain. We will go to Rooster Front Park to drop vehicles and start. Drive is around 25 miles and the exit off Hwy. 11-E. It is a loop hike with a walk around the lake to finish. Leader: Wayne Jones 423-737-4852
Wed, April,11	<b>Bays Mountain Park to Laurel Run Park</b> - A 7.5-mile moderate key swap hike from Bays Mountain Park to Laurel Run Park. There are two creek crossings which may require wading if the creeks are high, so come prepared. Form your carpools at the church and proceed to the breakfast stop at Hardees in Kingsport on Dennis Bypass just off I-26. Leader: Eric Middlemas (423) 282-6987; email: emiddlemas@live.com.
Mon, April,16	This may be your last opportunity to hike with a 99-year-old leader. Don't miss it. Around the lake at Bays Mountain Park in Kingsport, 2.5 miles rain or shine. I will meet you at Hardee's on Dennis By-pass just off of I-26 at about 8:30. Bring rain gear, a light jacket and plenty of water but lunch only if you plan to independently hike further. This hike will only take about 75 minutes at my speed. Bob Miller, 423/245-1465 or rwm1029@hotmail.com.
Wed, April,18	A STRENUOUS 17-mile hike south on the AT from TN91 to Watauga Dam Rd. We will drop a car or two at Watauga Dam Road so we can all hike together. Those who wish a shorter hike can go 7 miles in and out to Grindstaff Monument; or hike on to Iron Mountain Shelter for 9-miles in and out. This is rated strenuous only because of the mileage. Leader: Wayne Jones Phone 423-737-4852
Mon, April,23	Over Mountain Victory Trail to Yellow Mountain Gap Spring Wildflower Hike; Roan Mountain State Park. A moderate to strenuous 7 miles out and back. Form your carpools at the church and meet the leader at Food City

	in Elizabethton; where she will sign you up for the hike. Leader: Beth Talini, Cell: 802-673-4850 Beth TaliniCook@yahoo.com
Wed, April,25	<b>Chestoa to Curly Maple Gap Shelter</b> and return. An 8 mile in-out moderate hike north on the AT from the Nolichucky River at Chestoa to the shelter. In the spring, this holds a wealth of wildflowers, and the creek that sometimes runs alongside the trail and an occasional view of the Nolichucky River are worth seeing. Leader Jeannine Edwards. Home 423-202-7207; cell 901-351-1779; email jeannine21@bellsouth.net
Mon, April ,30	Falls of Upper Laurel Fork starting from Dennis Cove Road; 7 miles out-and-back, moderate. Form your carpools at the church and meet the leader at Food City in Elizabethton; where you will sign-up for her hike. Hike Leader: Beth Talini, Cell: 802-673-4850 Beth TaliniCook@yahoo.com
Wed, May,2	Strenuous 9 mile in and out hike north on the AT from Hughes Gap. In April this should be a beautiful wildflower hike. There is a nice overlook at Beartown Mountain at 2.5 miles which can be a turnaround point for those wishing a short hike. At 3 miles we reach Ash Gap. After a climb of just over 2200' we reach Toll House Gap and the picnic area and restrooms; which will be our lunch stop \ turn around point. Breakfast at Clarence's. Leader: Lana Scott 423-929-9094 or cell 423-741-7058.
Thursday, May, 3	Our Spring Pot Luck Dinner will be at Covenant Presbyterian Church. We have the church from 5 to 8 pm and will try to be ready to eat by 6:00 pm. Gil will be there, and we can pay our member dues of \$10.00, per family, at the dinner if you wish or at any time by mail—Gil's address is on the hiking schedule. The hiking club will provide barbecue pork and fried chicken, buns, rolls, plates, cups, napkins, forks, tea, water and sprite. Those attending should bring side dishes of any kind they wish and desserts. Also, if anyone wants coffee please bring a thermos, maybe large enough to share ---we will NOT be using the church kitchen. Questions; Faye Guinn:423-753-4072 or Lana Scott: 423-929-9094 or Judy Middlemas 423-282-6987
Mon, May,7	Easy 4-mile in/out hike in The Barrens on a newly developed trail near Lebanon, VA. Yellow Lady Slippers will be the highlight of this hike, so this will be a "camera day." We will have an overlook of the Clinch River in a valley far below us. A Tank Hollow waterfall visit will also be a feature. After visiting the waterfall, if hikers want to? We can drive about 15 minutes to the Natural Preserve, The Pinnacle, and walk to those orchids also, for another moderate 3 miles or so. Leader: Marcia Pruner 276-889-5714 home or 276-614-5504 cell.
Wed, May,9	<b>A 9.2 mile strenuous in and out hike north on the AT to Vandeventer Shelter. Hike travels the spine of the Iron Mountains using the AT to reach the shelter and has some great views. Hike Leader: Beth Talini, Cell:802-673-4850, e mail: BethTaliniCook@yahoo.com. Form your carpools at the church and meet Beth at Food City in Elizabethton at about 8:15; where she will sign you up.</b>
Mon, May,14 Three hikes: Read	An 11.4-mile strenuous, in and out hike south on the AT from Spivey Gap to the Bald Mt. Shelter. Leader: Wayne Jones 423-737-4852 ---OR

carefully: mileage for everyone; remember leaders are not mind readers; let them know your plans and do not change those plans without telling your leader--Faye	Spivy Gap south on the AT, in\out to High Rocks for a 4-mile hike and for those who would like to do 6 miles, Jeannine will lead on to Whistling Gap, where she will pick up a forest road to the main road. This time of year, the forest is filled with wildflowers, including jack-in-the-pulpit, trillium, wood betony, and many others. Jeannine Edwards. Home 423-202-7207; cell 901-351-1779. Be sure to sign-up with Wayne if you are doing his hike or with Jeannine if you are doing either of her hikes.
Wed, May,16	A 7 to 8-mile hike at Bays Mountain using the nature trail at Eastman Recreation area as our starting point. We will climb to the Bay's Mt Park area and take various trails to complete our 7 to 8-mile hike. Breakfast at Hardee's. Leader: Lana Scott <a href="tel:423-929-9094">423-929-9094</a> or cell <a href="tel:423-741-7058">423-741-7058</a> .
Mon.May,21	A 6-mile moderate loop on Holston Mountain starting at the Griffith Branch Trailhead. Second meeting place at Food City in Elizabethton –IF you let the leader know you are there. Leader Howard Guinn 423-753-4072---cell 423- 747-4881.
Wed, May,23	<b>Clark's Creek Loop</b> - A strenuous to moderate 10-mile loop hike from Clark's Creek via the Sills Branch Trail and Forest Service Road 5066 to Bearwallow Gap, and then back down to Clark's Creek on the Long Arm Branch Trail. Come prepared for creek crossings and possibly wet feet. Leader: Eric Middlemas (423) 282-6987; <a href="mailto:emiddlemas@live.com">emiddlemas@live.com</a>
Mon, May,28 Memorial Day	<b>Tweetsie Trail.</b> Memorial Day. An easy, 6-mile “flatlander’s dream.” We will meet at the church, then start at the Johnson City trailhead, hike 3 miles in (just past the quarry) and back. A good way to keep your hiking boots dusty and still be ready for your Memorial Day observations. Leader Jeannine Edwards. Home 423-202-7207; cell 901-351-1779; email <a href="mailto:jeannine21@bellsouth.net">jeannine21@bellsouth.net</a>
Wed, May 30	A strenuous 10.2 mile in and out hike south on the AT from Devil's Fork Gap to the Shelton Grave sites or a 13.4-mile in and out hike to Big Butt Mt.; or for those wishing less miles; a 5.4-mile hike in and out to the Flint Mountain Shelter. Leader: Wayne Jones Phone 423-737-4852
Mon, June,4	<b>Warrior’s Path SP</b> , Devil’s Backbone and Fall Creek Loop; Riverside Trails. A moderate, in-out hike. Devil’s Backbone is somewhat rocky and steep, but there are some good views. Then on the loop, the trail is gentler, with a rippling creek and a grassy meadow where wildlife can sometimes be seen. Upon return, we will follow a few trails near the lake. Leader: Jeannine Edwards: Phone: 423-202-7207 or 901-351-1779 email <a href="mailto:jeannine21@bellsouth.net">jeannine21@bellsouth.net</a>
Wed, June,6	An in/out 9.8-mile strenuous hike north on the AT from Spivey Gap to No Business Knob Shelter. Leader: Dave Polon, Cell <a href="tel:423-302-8368">423-302-8368</a> .
Mon, June,11	A 6-mile moderate hike from Carvers Gap to Grassy Ridge; where we will hike out to some rocks for lunch and our turn-a-round point. Leader: Howard Guinn 423-753-4072 cell 423-747-4881
Wed, June,13	A 6 to 7 mile moderate to strenuous in and out hike from Carvers Gap, starting south on the AT to the Picnic Area; then through the Rhododendron Gardens to Roan High Bluff and back to the picnic area

	for lunch before either hiking back to our cars on the AT or on the road. Form your carpools at the church and meet your leader at Food City in Elizabethton where there will be a sign-up sheet. Hike Leader: Beth Talini, Cell: 802-673-4850 <b>Beth TaliniCook@yahoo.com</b>
Mon, June,18	<b>Chestoa to Temple Hill Gap</b> ; This 8-mile moderate in/out hike south on the AT has some steep climbs. However, it has exquisite views of the Nolichucky River and the mountains. And in late spring and early summer, the mountain laurel and rosebay rhododendron are prolific. Leader: Jeannine Edwards. Home <u>423-202-7207</u> ; cell <u>901-351-1779</u> email <u>jeannine21@bellsouth.net</u>
Wed, June,20	Our summer work day on the OTHC section of the AT. Our work will focus on mowing, clearing the trail of debris and blow downs, and painting blazes. Form your carpools at the church and meet at Clarence's in Unicoi for a hearty breakfast and work assignments before getting to work. Leader: Eric Middlemas 423-282-6987; emiddlemas@live.com
Mon., June,25	<b>Roaring Fork Rd to Yellow Mountain Overlook</b> - A 7 to 8 mile moderate out-and-back hike on the Overmountain Trail and AT from the Roaring Fork trailhead to the Yellow Mountain Overlook and its expansive vistas. Leader: Eric Middlemas (423) 282-6987; emiddlemas@live.com.
Wed., June,27	An in/out 5-mile moderate hike at Rock Creek Park to Rock Creek Falls. There will be several creek crossings. Breakfast at Clarence's. Leader: Dave Polon, Cell 423-302-8368.
<p>We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. We are an alcohol-free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.</p> <p>President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325. cbwillis@charter.net</p> <p>Treasurer and person to give your membership dues [per year/per family \$10.00]-Gil Derouen 423- 283-7767 —or 2702 Avondale Drive—Johnson City, Tenn. 37604 -- gilderrouen@comcast.net</p> <p>Website---http://oldtimershikingclub.weebly.com Webmaster Joel Zabel ---joyjoelz@yahoo.com;</p> <p>Trail Work Coordinator—Eric Middlemas 423-282-6987 Mike Hupko-423-929-2626</p> <p>Hike schedule—Faye Guinn-423-753-4072 wegonehiking@embarqmail.com [SEND ME YOUR HIKES written up exactly as you wish them to appear in the schedule]</p>	