

	<p>2019 OLD-TIMERS HIKING CLUB SCHEDULE--OCT-NOV-DEC</p> <p>Founded in 1991 by CB Willis and Don Frederick and named by Jim Widener</p>
	<p>Please check your e-mail on the day before hikes in case that hike changes and please note that if the hike does not mention breakfast, that hike will not have a breakfast stop. Hiking is fun and healthy, so let's go.</p>
Wed, Oct, 2	<p><b>Mt Rogers, VA:</b> strenuous 10-mile hike starting on the Jackie Street Tr/Little Wilson Cr Wilderness and ending at the AT Fox Creek (Lewis Fork Wilderness) intersection with Rt #603. We will climb for the greater part of the first 4 miles on old road &amp; horse tr. Jackie Street Tr will take us 2 miles to First Peak Tr. Then, following it up hill crossing Second Peak, 4857', to Third Peak we come to fantastic views of Walker Mt., Pine Mt, and the Mt Rogers ridges. Then we drop down to Scales completing 5 miles. From here we will take the AT to Fox Cr. over Pine Mt. starting with a climb and then a descent. Hikers wanting less miles can start at Fox Creek and go N. or S. Going S there is a bald at 3.4 miles with a view. Form your carpools at the Church 8:00 am and meet the hike leader at Lowes, Exit 19 on I81. Hike leader: Marcia Pruner Home 276-889-5714 or Cell 276-614-5504.</p>
Mon, Oct, 7	<p>Around the lake at Bays Mountain Park in Kingsport, 2.3 miles, rain or shine. Form your carpools at the church at 8am and come meet me at Hardee's on Dennis by-pass just off of I-26 at about 8:30. Bring rain gear, suitable clothing and plenty of water but lunch only if you plan to independently hike further. The hike should take about an hour at my speed. Lots of you come because if I need to be hauled out, I want plenty of hands to do the job. Hike Leader: Bob Miller, 423/245-1465 or rwm1029@hotmail.com.</p>
Wed, Oct,9	<p>Come hike to the top of Hawksbill and Table Rock to view some of the best fall scenery going in Western North Carolina. These hikes are short but, will take our time hiking up to the summits on craggy, jagged trails to outstanding views of the Linville Gorge. We will start with Hawksbill then take the road up to Table Rock. Make sure to bring your cameras! Mileage of both hikes 4.2 miles Meet at the church at 8:00 am to form your carpools and meet the leader at Food City in Elizabethton at 8:15 for sign up. Hike Leader: Janice Miller 423-543-5602</p>
Mon, Oct ,14	<p>We have reserved Shelter #9 at Eastman Bays Mountain Recreation Area for Monday, October 14, 8:00 a.m. to 4:00 p.m. The club will provide hamburgers, hot dogs and a few veggie burgers for grilling and <u>condiments</u>. We will also provide drinks, ice, potato chips, plates, cups, <u>utensils</u>, and napkins. <u>Everyone is asked to bring a favorite side dish - a salad, vegetable, or dessert - enough for yourself and to share if you are able.</u> Everyone seems to like to drive themselves so if you need directions let someone know. Those setting up should be ready for you around 11am and we should eat about noon. After the meal, someone will lead a hike up the Forest Walk Trail into Bays Mt. Park. CB is coming as is our oldest hike leader Bob Miller and we hope some who hiked with us but no longer hike will come and visit. Working on and in charge of this event are Rich Ritter, [765 414-4253], Judy Middlemas</p>

	[423-282-6987] and Lana Scott, [ 423-929-9094] THANK-YOU, very much from me and the club. If you have any questions contact them or you can contact me by email at wegonehiking@embarqmail.com. or 423-753-4072.
Wed, Oct ,16 Note 7 am leave time	Newfound Gap to Charlies Bunion—Moderate to strenuous, 8-mile in and out on the AT. The first three miles are uphill and have a 1,000-foot elevation gain. The payoff at Charlies Bunion is worth all the work. <b>Meet at the church at 7am</b> -for an early start due to drive time. Hike leader: Pat Kenney, (423) 282-4115 or patkenney28@hotmail.com
Mon, Oct.,21	Looking Glass Rock; The Looking Glass Rock Trail climbs about 1,700 ft. in just over three miles (6.5 miles round-trip. The many switchbacks along the way help make for a long and moderately difficult climb. The trail starts off following a stream with some small cascades along the way, before beginning a series of switchbacks up the mountain. Sections of the trail take you through tunnels of rhododendron and mountain laurel. After about two miles, the trail reaches a flat rock area, which is used as a helicopter pad by the local rescue squad for injured rock climbers. A spur trail heads off to the left past the helipad, which leads to some nice views from Lower Looking Glass Cliffs. The Trail continues past the summit and after a short distance you will arrive at Upper Looking Glass Cliffs, where you will be treated to some spectacular views. Drive time is approximately 2 hours each way. We will have to watch weather predictions and adjust hikes if needed. Leader; Rich Ritter 765-414-4253 (We can leave earlier if group agrees)
Wed, Oct., 23	<b>Iron Mountain Gap, TN107/NC226, South on the AT to Beauty Spot</b> clearing. An 8.4 mile "moderately/strenuous" :) hike that crosses Unaka Mountain. We will drop cars on beauty spot before heading up TN107 to the trailhead at IMG. A shorter hike can be had by simply turning around at Cherry Gap Shelter for a 6.0 mile in/out hike. Meet at the church to form carpools and co-ordinate drop cars. Leader: Tim Richardson 423-747-6352
Mon, Oct,28	<b>Roan Mountain:</b> Carvers Gap to Grassy Ridge and return. We will follow the AT past Jane Bald, then a side trail to Grassy Ridge, for about 6 miles. This mountain has incredible views any time of the year and should be especially nice with autumn colors. Leader: Jeannine Edwards. Home 423-202-7207; cell 901-351-1779; email jeannine21@bellsouth.net
Wed, Oct.,30 Note 7am leave time	A 9-mile strenuous hike to Sand Cave and White Rocks near Ewing, Va. The drive is 93 miles one way but an awesome place to see. (\$12). We climb 2 strenuous miles on the Ewing trail to the ridge and turn right, hiking to the top to White Rocks where we will have our snack break and then hike two moderate miles on the ridge line to the Sand Cave where there is a waterfall in front of the cave that may be plentiful or just a small stream. there won't be a breakfast stop but we will take a bathroom break at the junction of Hwy.23 and Hwy.58. Please note: <b>We will leave the Church at 7AM</b> because of the drive. If you haven't been here, you will want to go for sure. Leader: Wayne Jones 423-737-4852
Mon, Nov, 4	A moderate to difficult climb up the Josiah Trail and Holston Mt. trail to beautiful views over S. Holston Lake and the dam. 8 mile total out and back. For those wanting an Upstate NY ADK style challenge, skip the miles with leader Joe and take the shorter (2 mile) direct ascent to Flint Rock via the

	Flint Mill trail and meet at the top. Normal meeting time of 8 am at the church. Leaders Joe Gervais 518-560-9675 and Rich Ritter 765-414-4253
Wed Nov, 6	<b>Devil's Fork Gap to Rice Gap:</b> We will hike north on the AT from Devil's Fork Gap to Rice Gap. This is a long hike, but since it is an in-out, you can easily shorten your hike. Just let the hike leader know in advance. Leader: Jeannine Edwards. Home 423-202-7207; cell 901-351-1779; email jeannine21@bellsouth.net
Mon, Nov 11	A 5.8 mile easy to moderate hike from Hwy 91 to Double Springs Shelter. Great views of Shady Valley as we cross the open fields of The Old Osborne Farm. Leader :Lana Scott 423-929-9094 or cell 423-741-705
Wed, Nov, 13	<b>Buck Mountain road (church) to Mountaineer Shelter and return.</b> A moderate in/out 11-mile hike that will pass several streams and footbridges as well as the Elk river. A shortened option is to hike to either the Elk River campsite or Jones Falls, (0.1 mi E) for a 4.4- or 5.4-mile hike. We will meet at the Church at 8am and at Food City in Elizabethton at 8:15 for carpools. We will park and start our hike at the Church on Buck Mountain Road. Leader: Tim Richardson 423-747-6352
Mon, Nov.,18	<b>Devil's Fork Gap to Flint Mountain Shelter</b> and Beyond. We will hike south on the AT from Devil's Fork Gap to Flint Mountain Shelter for an in and out of 5.4 miles. In the fall, the leaves are especially nice through this area, and we may find closed gentian and a few other wildflowers. Those who wish a longer hike, can continue to Flint Mountain Gap, for 6.8 miles roundtrip. If you missed the Shelton Grave Site hike that was on schedule in Sept and wish to hike in and out it is 11 miles roundtrip. Be sure you inform the leader of your plans. Leader: Jeannine Edwards. Home 423-202-7207; cell 901-351-1779; email jeannine21@bellsouth.net
Wed, Nov ,20	A 10-mile strenuous hike from Indian Grave Gap to the overlook where we will descend down to Rock Creek Park on the Rattlesnake Ridge Trail. We will leave a car there to shuttle drivers back up to the gap. There will be only a short wait for the cars to get back to the park. Leader: Wayne Jones 423- 737-4852
Mon, Nov, 25	<b>Lone Oak, Buffalo:</b> A moderate 4-mile hike on the Lone Oak Trail to Tip Top on Buffalo Mountain. Be prepared for lots of switchbacks. Anyone wanting a longer hike can continue to White Rocks and back, for about 8 miles. Leader plans to do the longer hike. Leader: Jeannine Edwards. Home 423-202-7207; cell 901-351-1779; email jeannine21@bellsouth.net
Wed, Nov,27	I asked and no hike was turned in for this date and no comments on if you wanted a hike on this date? Anyway, if someone decides they want to hike this day –let me know where you are willing to lead and I will send out an e-mail. Have a wonderful Thanksgivings-Faye
Mon, Dec, 2	Holiday hike at Doe River Gorge. An easy 5.5-mile hike to the first Trestle and back. There should be some ice forming on the rock walls lining the old railroad bed as we pass thru the two tunnels. Be sure to and hang around during the lunch hour for a surprise! Tim Richardson 423-747-6352 for questions.
Wed, Dec, 4	An 8.8-mile hike on the AT from Hughes Gap to Iron Mt Gap. Great forest setting with some overlooks. This is rated as a moderate hike on All trails website. Leader: Lana Scott Home 423-929-9094 or cell 423-741-7058.

Mon, Dec 9	Walk a Bristol, Va. Railroad bed 6 miles for an easy in/out on the Mendota Tr. This new trail opened in August. Leader: Marcia Pruner <u>276-614-5504</u> . Meet at the church at 8:00 and meet the leader in Bristol. [ would someone planning to hike this day PLEASE contact Marcia and be in charge of taking the group from the church to meet her. I will let the hikers know if you let me know --Faye]
Wed, Dec, 11	Strenuous 8.8-mile hike on the A/T from Allen Gap to Tanyard Gap. We will try to key swap eliminating a shuttle. Breakfast at Ma and Pa's where we haven't been in a while. Leader: Wayne Jones 423-737-4852
Mon, Dec ,16	6-mile loop in the Horse Creek/Old Forge area of Greene County. This is the Big Jennings Creek-Cowbell Hollow-Little Jennings Creek trail loop. Prepare for strenuous due to the 1235-foot elevation gain and the trail condition. And prepare for creek crossings. At approximately half way we reach Round Knob for lunch or a rest before returning on Little Jennings creek. Leader: Joy Cook <u>423-913-2220</u>
Wed, Dec, 18	Open date
Mon, Dec,23	<b>Watauga Lake</b> AT from Shook Branch to Watauga Dam. It is a 3.6-mile hike in and out to the Watauga Lake Shelter and a 6-mile hike in and out to the Dam. We will follow the AT along Watauga Lake. This is a beautiful, moderate hike, no matter what the season. Leader: Jeannine Edwards. Home 423-202-7207; cell 901-351-1779; email <a href="mailto:jeannine21@bellsouth.net">jeannine21@bellsouth.net</a>
Wed, Dec,25	We wish everyone a Merry Christmas –Howard and Faye
Mon, Dec., 30	Open Date

We leave Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, Tenn. each Monday and Wednesday at 8am. Come join us; bring lunch, PLENTY of water, gas money, a snack, each person should carry a small first aid kit, you should also carry a little extra food just in case, raingear [it may rain where the hike is even if the weather here does not say rain], and most important bring yourself and a smile and come enjoy our hikes. Everyone is welcome, member or not. We are an alcohol-free activity. Participation in club activities carries with it the obligation to hold the club and its representatives free of liability for individual safety.

President and founder of Old-Timers Hiking Club—CB Willis 423-282-3325

Treasurer and person to give your membership dues [per year/per family\$10.00] Rich Ritter ,1125 Biltmore Dr, Piney Flats, TN 37686 [Richieritch1.0@gmail.com](mailto:Richieritch1.0@gmail.com) Phone 765-414-4253

Website---<http://oldtimershikingclub.weebly.com>

Webmaster: Joel Zabel at [joyjoelz@yahoo.com](mailto:joyjoelz@yahoo.com).

Trail Work Coordinator—Eric Middlemas 423-282-6987

Hike schedule—Faye Guinn-423-753-4072 [wegonehiking@embarqmail.com](mailto:wegonehiking@embarqmail.com)